

Poughkeepsie, NY - Nov 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:05	2.8	3:01	3.3	9:01	0.6	9:59	0.5	6:28	4:50	
2	Tue	3:59	2.7	3:49	3.1	9:34	0.8	10:47	0.7	6:29	4:48	
3	Wed	4:53	2.6	4:42	3.0	10:13	1.0	11:45	0.8	6:30	4:47	
4	Thu	5:46	2.5	5:34	2.9	11:09	1.1			6:32	4:46	
5	Fri	6:36	2.6	6:25	2.9	12:47	0.8	12:32	1.1	6:33	4:45	
6	Sat	7:27	2.6	7:18	2.9	1:44	0.7	1:43	1.0	6:34	4:44	
7	Sun	8:19	2.8	8:15	3.0	2:33	0.6	2:41	0.9	6:35	4:43	
8	Mon	9:08	3.0	9:11	3.1	3:17	0.4	3:33	0.6	6:37	4:42	
9	Tue	9:52	3.3	10:00	3.2	3:58	0.3	4:21	0.3	6:38	4:40	
10	Wed	10:32	3.6	10:45	3.3	4:39	0.1	5:09	0.1	6:39	4:39	
11	Thu	11:10	3.9	11:28	3.4	5:20	0.0	5:58	-0.1	6:40	4:38	
12	Fri	11:50	4.1			6:04	-0.1	6:47	-0.3	6:41	4:37	
13	Sat	12:12	3.4	12:33	4.1	6:50	-0.2	7:37	-0.3	6:43	4:37	
14	Sun	12:59	3.3	1:21	4.1	7:37	-0.2	8:27	-0.3	6:44	4:36	
15	Mon	1:53	3.2	2:16	4.0	8:26	-0.1	9:18	-0.2	6:45	4:35	
16	Tue	2:55	3.1	3:19	3.8	9:17	0.0	10:13	-0.1	6:46	4:34	
17	Wed	4:05	3.0	4:26	3.6	10:16	0.2	11:15	0.1	6:47	4:33	
18	Thu	5:12	3.0	5:31	3.5	11:26	0.4			6:49	4:32	
19	Fri	6:15	3.0	6:32	3.3	12:21	0.1	12:41	0.5	6:50	4:32	
20	Sat	7:15	3.1	7:32	3.2	1:25	0.1	1:51	0.5	6:51	4:31	
21	Sun	8:16	3.2	8:33	3.2	2:22	0.0	2:52	0.4	6:52	4:30	
22	Mon	9:13	3.3	9:31	3.1	3:13	0.0	3:47	0.2	6:53	4:30	
23	Tue	10:03	3.5	10:21	3.1	4:00	0.0	4:37	0.1	6:55	4:29	
24	Wed	10:47	3.6	11:06	3.1	4:43	0.0	5:24	0.0	6:56	4:29	
25	Thu	11:26	3.6	11:48	3.1	5:25	0.0	6:10	0.0	6:57	4:28	
26	Fri			12:03	3.6	6:06	0.1	6:53	0.0	6:58	4:28	
27	Sat	12:29	3.0	12:38	3.6	6:46	0.1	7:35	0.0	6:59	4:27	
28	Sun	1:10	2.9	1:14	3.5	7:25	0.2	8:15	0.1	7:00	4:27	
29	Mon	1:53	2.8	1:50	3.3	8:02	0.3	8:54	0.2	7:01	4:26	
30	Tue	2:39	2.6	2:28	3.2	8:37	0.4	9:33	0.3	7:02	4:26	