

Poughkeepsie, NY - Dec 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:29	2.5	3:10	3.0	9:11	0.6	10:13	0.4	7:03	4:26	
2	Thu	4:21	2.5	3:56	2.9	9:47	0.7	10:58	0.5	7:04	4:25	
3	Fri	5:10	2.5	4:44	2.8	10:31	0.8	11:51	0.5	7:05	4:25	
4	Sat	5:55	2.5	5:32	2.8	11:34	0.9			7:06	4:25	
5	Sun	6:38	2.6	6:21	2.8	12:46	0.5	12:53	0.8	7:07	4:25	
6	Mon	7:23	2.8	7:15	2.8	1:38	0.4	2:00	0.7	7:08	4:25	
7	Tue	8:13	3.0	8:17	2.8	2:27	0.3	2:59	0.5	7:09	4:25	
8	Wed	9:05	3.2	9:19	2.9	3:14	0.1	3:53	0.2	7:10	4:25	
9	Thu	9:55	3.5	10:16	3.0	4:00	0.0	4:45	-0.1	7:11	4:25	
10	Fri	10:43	3.8	11:07	3.1	4:47	-0.2	5:38	-0.3	7:12	4:25	
11	Sat	11:30	4.0	11:57	3.1	5:37	-0.3	6:31	-0.5	7:13	4:25	
12	Sun			12:19	4.1	6:30	-0.4	7:23	-0.6	7:13	4:25	
13	Mon	12:49	3.1	1:11	4.0	7:23	-0.4	8:14	-0.6	7:14	4:25	
14	Tue	1:46	3.1	2:08	3.9	8:16	-0.4	9:04	-0.5	7:15	4:25	
15	Wed	2:48	3.0	3:09	3.7	9:09	-0.2	9:57	-0.4	7:16	4:26	
16	Thu	3:53	3.0	4:12	3.5	10:06	-0.1	10:52	-0.3	7:16	4:26	
17	Fri	4:56	3.0	5:12	3.3	11:10	0.1	11:52	-0.2	7:17	4:26	
18	Sat	5:54	3.0	6:09	3.1			12:19	0.3	7:17	4:27	
19	Sun	6:49	3.0	7:04	2.9	12:52	-0.1	1:27	0.3	7:18	4:27	
20	Mon	7:45	3.1	8:02	2.8	1:49	0.0	2:29	0.3	7:19	4:28	
21	Tue	8:41	3.1	9:01	2.7	2:41	0.0	3:25	0.2	7:19	4:28	
22	Wed	9:34	3.2	9:56	2.7	3:29	0.0	4:16	0.1	7:20	4:29	
23	Thu	10:21	3.3	10:45	2.7	4:14	0.1	5:03	0.0	7:20	4:29	
24	Fri	11:03	3.3	11:29	2.7	4:57	0.1	5:49	0.0	7:20	4:30	
25	Sat	11:42	3.4			5:40	0.1	6:32	-0.1	7:21	4:30	
26	Sun	12:10	2.7	12:19	3.3	6:22	0.1	7:14	-0.1	7:21	4:31	
27	Mon	12:51	2.7	12:55	3.3	7:03	0.1	7:54	-0.1	7:21	4:32	
28	Tue	1:33	2.6	1:31	3.2	7:42	0.2	8:32	-0.1	7:22	4:32	
29	Wed	2:15	2.6	2:05	3.1	8:18	0.2	9:07	0.0	7:22	4:33	
30	Thu	2:59	2.5	2:40	3.0	8:53	0.3	9:42	0.1	7:22	4:34	
31	Fri	3:42	2.5	3:17	2.9	9:27	0.4	10:16	0.1	7:22	4:35	