

Poughkeepsie, NY - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:21	2.5	3:55	2.8	10:02	0.5	10:49	0.2	7:22	4:36	
2	Sun	5:01	2.6	4:41	2.7	10:50	0.6	11:32	0.3	7:22	4:37	
3	Mon	5:42	2.7	5:32	2.6	11:58	0.6			7:22	4:37	
4	Tue	6:26	2.8	6:27	2.5	12:26	0.3	1:17	0.5	7:22	4:38	
5	Wed	7:17	3.0	7:30	2.5	1:28	0.2	2:27	0.4	7:22	4:39	
6	Thu	8:19	3.2	8:44	2.5	2:28	0.1	3:28	0.1	7:22	4:40	
7	Fri	9:24	3.4	9:54	2.6	3:27	0.0	4:25	-0.1	7:22	4:41	
8	Sat	10:23	3.6	10:53	2.8	4:23	-0.2	5:21	-0.4	7:22	4:42	
9	Sun	11:18	3.8	11:48	3.0	5:20	-0.4	6:15	-0.6	7:22	4:43	
10	Mon			12:10	3.9	6:17	-0.5	7:08	-0.7	7:21	4:44	
11	Tue	12:42	3.1	1:04	3.9	7:12	-0.6	7:58	-0.8	7:21	4:45	
12	Wed	1:37	3.2	1:58	3.8	8:05	-0.6	8:46	-0.8	7:21	4:47	
13	Thu	2:34	3.2	2:53	3.7	8:57	-0.5	9:33	-0.7	7:20	4:48	
14	Fri	3:32	3.2	3:50	3.4	9:49	-0.3	10:22	-0.6	7:20	4:49	
15	Sat	4:28	3.1	4:45	3.2	10:45	-0.1	11:14	-0.3	7:20	4:50	
16	Sun	5:22	3.1	5:38	3.0	11:47	0.1			7:19	4:51	
17	Mon	6:13	3.0	6:30	2.7	12:09	-0.1	12:53	0.3	7:19	4:52	
18	Tue	7:04	2.9	7:25	2.5	1:05	0.1	1:57	0.3	7:18	4:53	
19	Wed	7:58	2.9	8:25	2.4	2:00	0.2	2:56	0.3	7:18	4:55	
20	Thu	8:56	2.9	9:26	2.3	2:53	0.3	3:49	0.2	7:17	4:56	
21	Fri	9:51	2.9	10:20	2.4	3:42	0.3	4:38	0.1	7:16	4:57	
22	Sat	10:39	3.0	11:07	2.5	4:29	0.2	5:24	0.1	7:16	4:58	
23	Sun	11:21	3.1	11:50	2.6	5:14	0.2	6:08	0.0	7:15	5:00	
24	Mon			12:00	3.1	5:58	0.1	6:49	-0.1	7:14	5:01	
25	Tue	12:30	2.6	12:36	3.2	6:41	0.1	7:28	-0.2	7:13	5:02	
26	Wed	1:09	2.7	1:10	3.1	7:21	0.0	8:04	-0.2	7:12	5:03	
27	Thu	1:46	2.7	1:41	3.1	7:59	0.0	8:37	-0.2	7:12	5:05	
28	Fri	2:22	2.7	2:11	3.0	8:33	0.1	9:08	-0.2	7:11	5:06	
29	Sat	2:57	2.7	2:43	2.9	9:07	0.1	9:37	-0.1	7:10	5:07	
30	Sun	3:31	2.7	3:21	2.8	9:42	0.2	10:05	0.0	7:09	5:08	
31	Mon	4:09	2.8	4:07	2.7	10:24	0.3	10:39	0.1	7:08	5:10	