

Poughkeepsie, NY - Mar 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:29	3.1	3:44	2.7	10:08	0.1	10:08	0.1	6:29	5:46	
2	Wed	4:17	3.1	4:40	2.6	11:03	0.2	10:55	0.2	6:28	5:47	
3	Thu	5:14	3.1	5:43	2.5			12:20	0.3	6:26	5:48	
4	Fri	6:17	3.1	6:52	2.4	12:09	0.3	1:41	0.3	6:25	5:49	
5	Sat	7:29	3.1	8:12	2.5	1:42	0.3	2:50	0.2	6:23	5:50	
6	Sun	8:49	3.2	9:30	2.7	2:57	0.2	3:50	-0.1	6:21	5:52	
7	Mon	9:59	3.4	10:32	3.0	4:00	-0.1	4:45	-0.3	6:20	5:53	
8	Tue	10:56	3.6	11:24	3.3	4:58	-0.3	5:37	-0.5	6:18	5:54	
9	Wed	11:46	3.7			5:53	-0.5	6:26	-0.7	6:16	5:55	
10	Thu	12:12	3.5	12:33	3.8	6:45	-0.6	7:12	-0.8	6:15	5:56	
11	Fri	12:59	3.6	1:20	3.7	7:35	-0.6	7:55	-0.7	6:13	5:57	
12	Sat	1:44	3.6	2:07	3.5	8:21	-0.5	8:37	-0.6	6:11	5:58	
13	Sun	2:30	3.5	2:55	3.3	9:06	-0.4	9:17	-0.3	6:10	6:00	
14	Mon	3:16	3.4	3:46	3.0	9:52	-0.1	9:56	0.0	6:08	6:01	
15	Tue	4:04	3.2	4:38	2.8	10:41	0.1	10:38	0.3	6:06	6:02	
16	Wed	4:52	3.0	5:30	2.5	11:38	0.4	11:28	0.6	6:05	6:03	
17	Thu	5:42	2.9	6:23	2.4			12:43	0.6	6:03	6:04	
18	Fri	6:35	2.7	7:20	2.3	12:33	0.8	1:48	0.6	6:01	6:05	
19	Sat	7:34	2.6	8:23	2.3	1:41	0.8	2:46	0.6	5:59	6:06	
20	Sun	8:41	2.7	9:24	2.4	2:43	0.8	3:37	0.5	5:58	6:07	
21	Mon	9:41	2.8	10:15	2.6	3:36	0.6	4:22	0.3	5:56	6:09	
22	Tue	10:29	2.9	10:57	2.9	4:24	0.4	5:03	0.2	5:54	6:10	
23	Wed	11:09	3.0	11:34	3.0	5:09	0.3	5:43	0.1	5:53	6:11	
24	Thu	11:44	3.1			5:52	0.1	6:20	-0.1	5:51	6:12	
25	Fri	12:08	3.2	12:16	3.2	6:34	0.0	6:57	-0.1	5:49	6:13	
26	Sat	12:38	3.3	12:48	3.2	7:15	-0.1	7:31	-0.1	5:48	6:14	
27	Sun	1:08	3.4	1:21	3.1	7:55	-0.2	8:04	-0.1	5:46	6:15	
28	Mon	1:40	3.5	1:58	3.0	8:34	-0.2	8:37	-0.1	5:44	6:16	
29	Tue	2:17	3.5	2:42	2.9	9:15	-0.1	9:11	0.1	5:42	6:17	
30	Wed	3:03	3.5	3:35	2.8	10:00	0.0	9:52	0.2	5:41	6:18	
31	Thu	3:58	3.4	4:38	2.7	10:57	0.2	10:46	0.4	5:39	6:20	