

Poughkeepsie, NY - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:53	2.9	1:12	3.8	7:24	-0.4	8:13	-0.6	7:22	4:35	
2	Mon	1:46	3.0	2:05	3.8	8:15	-0.4	9:00	-0.7	7:22	4:36	
3	Tue	2:43	3.1	3:02	3.6	9:07	-0.4	9:47	-0.6	7:22	4:37	
4	Wed	3:42	3.1	4:00	3.4	10:01	-0.2	10:38	-0.5	7:22	4:38	
5	Thu	4:41	3.1	4:58	3.2	11:01	-0.1	11:33	-0.4	7:22	4:39	
6	Fri	5:37	3.2	5:54	3.0			12:09	0.1	7:22	4:40	
7	Sat	6:32	3.2	6:50	2.8	12:32	-0.2	1:18	0.2	7:22	4:41	
8	Sun	7:28	3.1	7:51	2.6	1:31	-0.1	2:23	0.2	7:22	4:42	
9	Mon	8:28	3.1	8:55	2.5	2:28	0.0	3:23	0.1	7:22	4:43	
10	Tue	9:28	3.1	9:57	2.5	3:22	0.0	4:17	0.0	7:22	4:44	
11	Wed	10:21	3.2	10:50	2.6	4:14	0.0	5:08	-0.1	7:21	4:45	
12	Thu	11:08	3.2	11:37	2.7	5:02	0.0	5:56	-0.1	7:21	4:46	
13	Fri	11:51	3.3			5:49	0.0	6:41	-0.2	7:21	4:47	
14	Sat	12:20	2.7	12:31	3.3	6:35	0.0	7:23	-0.2	7:20	4:49	
15	Sun	1:02	2.7	1:10	3.2	7:17	0.0	8:02	-0.2	7:20	4:50	
16	Mon	1:44	2.7	1:48	3.1	7:57	0.0	8:38	-0.2	7:19	4:51	
17	Tue	2:27	2.7	2:25	3.0	8:34	0.1	9:12	-0.1	7:19	4:52	
18	Wed	3:09	2.6	3:01	2.9	9:09	0.2	9:44	0.0	7:18	4:53	
19	Thu	3:50	2.6	3:37	2.7	9:44	0.3	10:13	0.1	7:18	4:54	
20	Fri	4:30	2.6	4:14	2.6	10:21	0.4	10:43	0.2	7:17	4:56	
21	Sat	5:06	2.6	4:54	2.4	11:08	0.6	11:19	0.3	7:16	4:57	
22	Sun	5:43	2.7	5:40	2.3			12:16	0.6	7:16	4:58	
23	Mon	6:25	2.7	6:33	2.2	12:11	0.4	1:32	0.6	7:15	4:59	
24	Tue	7:16	2.8	7:39	2.2	1:20	0.4	2:38	0.4	7:14	5:00	
25	Wed	8:21	3.0	8:57	2.3	2:29	0.3	3:38	0.2	7:13	5:02	
26	Thu	9:29	3.2	10:04	2.5	3:30	0.2	4:32	0.0	7:13	5:03	
27	Fri	10:28	3.4	11:00	2.7	4:28	0.0	5:25	-0.3	7:12	5:04	
28	Sat	11:21	3.7	11:50	2.9	5:24	-0.3	6:16	-0.5	7:11	5:05	
29	Sun			12:11	3.8	6:19	-0.5	7:06	-0.7	7:10	5:07	
30	Mon	12:40	3.1	1:01	3.9	7:12	-0.6	7:53	-0.9	7:09	5:08	
31	Tue	1:31	3.3	1:52	3.8	8:04	-0.7	8:38	-0.9	7:08	5:09	