

## Poughkeepsie, NY - Mar 2006

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 1:10  | 3.6 | 1:33  | 3.8 | 7:49  | -0.8 | 8:12  | -0.9 | 6:30                                                                                | 5:45 |    |
| 2    | Thu | 2:00  | 3.7 | 2:24  | 3.6 | 8:38  | -0.7 | 8:56  | -0.8 | 6:28                                                                                | 5:47 |    |
| 3    | Fri | 2:51  | 3.6 | 3:17  | 3.3 | 9:28  | -0.5 | 9:41  | -0.5 | 6:27                                                                                | 5:48 |    |
| 4    | Sat | 3:44  | 3.5 | 4:13  | 3.1 | 10:20 | -0.3 | 10:28 | -0.2 | 6:25                                                                                | 5:49 |    |
| 5    | Sun | 4:38  | 3.3 | 5:10  | 2.8 | 11:18 | 0.0  | 11:22 | 0.1  | 6:23                                                                                | 5:50 |    |
| 6    | Mon | 5:32  | 3.1 | 6:07  | 2.6 |       |      | 12:25 | 0.2  | 6:22                                                                                | 5:51 |    |
| 7    | Tue | 6:28  | 2.9 | 7:06  | 2.4 | 12:26 | 0.4  | 1:33  | 0.4  | 6:20                                                                                | 5:52 |    |
| 8    | Wed | 7:29  | 2.8 | 8:11  | 2.4 | 1:34  | 0.5  | 2:37  | 0.4  | 6:18                                                                                | 5:54 |    |
| 9    | Thu | 8:36  | 2.7 | 9:15  | 2.4 | 2:37  | 0.6  | 3:33  | 0.3  | 6:17                                                                                | 5:55 |    |
| 10   | Fri | 9:39  | 2.8 | 10:11 | 2.6 | 3:33  | 0.5  | 4:21  | 0.2  | 6:15                                                                                | 5:56 |    |
| 11   | Sat | 10:30 | 2.9 | 10:56 | 2.8 | 4:23  | 0.4  | 5:05  | 0.1  | 6:13                                                                                | 5:57 |    |
| 12   | Sun | 11:12 | 3.0 | 11:36 | 2.9 | 5:08  | 0.2  | 5:45  | 0.0  | 6:12                                                                                | 5:58 |   |
| 13   | Mon | 11:49 | 3.1 |       |     | 5:52  | 0.1  | 6:23  | -0.1 | 6:10                                                                                | 5:59 |  |
| 14   | Tue | 12:12 | 3.1 | 12:24 | 3.1 | 6:33  | 0.0  | 6:59  | -0.1 | 6:08                                                                                | 6:00 |  |
| 15   | Wed | 12:46 | 3.2 | 12:56 | 3.1 | 7:12  | 0.0  | 7:33  | -0.1 | 6:07                                                                                | 6:02 |  |
| 16   | Thu | 1:18  | 3.2 | 1:26  | 3.0 | 7:49  | 0.0  | 8:03  | -0.1 | 6:05                                                                                | 6:03 |  |
| 17   | Fri | 1:47  | 3.2 | 1:55  | 2.9 | 8:24  | 0.0  | 8:31  | 0.0  | 6:03                                                                                | 6:04 |  |
| 18   | Sat | 2:14  | 3.2 | 2:25  | 2.8 | 8:57  | 0.1  | 8:56  | 0.1  | 6:02                                                                                | 6:05 |  |
| 19   | Sun | 2:42  | 3.1 | 3:00  | 2.6 | 9:31  | 0.2  | 9:22  | 0.3  | 6:00                                                                                | 6:06 |  |
| 20   | Mon | 3:19  | 3.1 | 3:45  | 2.5 | 10:09 | 0.3  | 9:55  | 0.4  | 5:58                                                                                | 6:07 |  |
| 21   | Tue | 4:06  | 3.1 | 4:41  | 2.4 | 11:02 | 0.4  | 10:42 | 0.5  | 5:56                                                                                | 6:08 |  |
| 22   | Wed | 5:05  | 3.1 | 5:45  | 2.4 |       |      | 12:21 | 0.5  | 5:55                                                                                | 6:09 |  |
| 23   | Thu | 6:10  | 3.1 | 6:54  | 2.4 |       |      | 1:41  | 0.4  | 5:53                                                                                | 6:10 |  |
| 24   | Fri | 7:23  | 3.1 | 8:12  | 2.6 | 1:41  | 0.5  | 2:47  | 0.3  | 5:51                                                                                | 6:12 |  |
| 25   | Sat | 8:42  | 3.2 | 9:24  | 2.9 | 2:56  | 0.3  | 3:43  | 0.0  | 5:50                                                                                | 6:13 |  |
| 26   | Sun | 9:50  | 3.4 | 10:23 | 3.2 | 3:58  | 0.0  | 4:35  | -0.3 | 5:48                                                                                | 6:14 |  |
| 27   | Mon | 10:46 | 3.6 | 11:13 | 3.6 | 4:55  | -0.3 | 5:25  | -0.5 | 5:46                                                                                | 6:15 |  |
| 28   | Tue | 11:36 | 3.7 |       |     | 5:49  | -0.5 | 6:13  | -0.6 | 5:45                                                                                | 6:16 |  |
| 29   | Wed | 12:00 | 3.8 | 12:24 | 3.8 | 6:42  | -0.6 | 7:00  | -0.7 | 5:43                                                                                | 6:17 |  |
| 30   | Thu | 12:47 | 4.0 | 1:13  | 3.7 | 7:33  | -0.7 | 7:45  | -0.7 | 5:41                                                                                | 6:18 |  |
| 31   | Fri | 1:34  | 3.9 | 2:03  | 3.5 | 8:21  | -0.6 | 8:30  | -0.5 | 5:39                                                                                | 6:19 |  |