

Poughkeepsie, NY - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:17	3.1	6:09	3.0	11:52	0.4			5:24	8:34	
2	Sun	6:01	2.9	6:51	3.0	12:00	0.9	12:35	0.6	5:25	8:34	
3	Mon	6:42	2.8	7:31	3.0	12:58	1.0	1:20	0.6	5:26	8:33	
4	Tue	7:23	2.7	8:11	3.1	2:00	1.0	2:08	0.7	5:26	8:33	
5	Wed	8:10	2.6	8:56	3.2	3:00	0.9	2:56	0.7	5:27	8:33	
6	Thu	9:07	2.5	9:46	3.3	3:55	0.8	3:45	0.7	5:27	8:33	
7	Fri	10:11	2.6	10:38	3.5	4:47	0.6	4:34	0.6	5:28	8:32	
8	Sat	11:09	2.7	11:26	3.7	5:37	0.4	5:23	0.5	5:29	8:32	
9	Sun	11:59	2.8			6:26	0.2	6:15	0.4	5:29	8:32	
10	Mon	12:12	3.8	12:46	2.9	7:16	0.0	7:07	0.3	5:30	8:31	
11	Tue	12:58	4.0	1:33	3.1	8:05	-0.1	8:01	0.1	5:31	8:31	
12	Wed	1:46	4.0	2:24	3.2	8:52	-0.2	8:52	0.1	5:32	8:30	
13	Thu	2:37	4.0	3:18	3.3	9:37	-0.3	9:43	0.0	5:32	8:30	
14	Fri	3:31	3.9	4:15	3.4	10:22	-0.3	10:35	0.1	5:33	8:29	
15	Sat	4:28	3.8	5:12	3.5	11:09	-0.3	11:32	0.2	5:34	8:28	
16	Sun	5:26	3.6	6:08	3.6	11:59	-0.1			5:35	8:28	
17	Mon	6:22	3.4	7:01	3.7	12:36	0.4	12:55	0.0	5:36	8:27	
18	Tue	7:17	3.2	7:54	3.7	1:44	0.4	1:53	0.1	5:36	8:26	
19	Wed	8:15	3.0	8:51	3.6	2:51	0.5	2:53	0.2	5:37	8:26	
20	Thu	9:19	2.9	9:52	3.6	3:53	0.4	3:50	0.3	5:38	8:25	
21	Fri	10:24	2.9	10:51	3.6	4:50	0.3	4:44	0.4	5:39	8:24	
22	Sat	11:24	2.9	11:43	3.7	5:43	0.3	5:36	0.4	5:40	8:23	
23	Sun			12:15	3.0	6:33	0.2	6:27	0.4	5:41	8:23	
24	Mon	12:29	3.7	1:02	3.1	7:21	0.1	7:15	0.4	5:42	8:22	
25	Tue	1:12	3.7	1:46	3.1	8:06	0.1	8:01	0.4	5:43	8:21	
26	Wed	1:53	3.6	2:30	3.1	8:47	0.1	8:44	0.4	5:44	8:20	
27	Thu	2:33	3.5	3:14	3.1	9:25	0.1	9:24	0.5	5:45	8:19	
28	Fri	3:13	3.4	3:58	3.1	10:00	0.2	10:02	0.6	5:46	8:18	
29	Sat	3:52	3.3	4:41	3.1	10:33	0.3	10:39	0.7	5:47	8:17	
30	Sun	4:32	3.1	5:22	3.1	11:04	0.4	11:18	0.8	5:48	8:16	
31	Mon	5:11	2.9	6:01	3.1	11:33	0.6			5:49	8:15	