

Poughkeepsie, NY - Aug 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:51	2.8	6:38	3.1	12:05	0.9	12:05	0.7	5:50	8:14	
2	Wed	6:33	2.7	7:15	3.2	1:05	1.0	12:48	0.8	5:51	8:12	
3	Thu	7:20	2.6	7:59	3.2	2:14	1.0	1:49	0.8	5:52	8:11	
4	Fri	8:17	2.5	8:55	3.3	3:18	0.9	2:58	0.8	5:53	8:10	
5	Sat	9:29	2.6	10:00	3.5	4:16	0.7	4:01	0.7	5:54	8:09	
6	Sun	10:39	2.7	11:00	3.7	5:10	0.5	4:59	0.6	5:55	8:08	
7	Mon	11:36	2.9	11:53	3.9	6:01	0.3	5:55	0.4	5:56	8:06	
8	Tue			12:26	3.2	6:51	0.0	6:50	0.2	5:57	8:05	
9	Wed	12:42	4.1	1:14	3.4	7:40	-0.2	7:45	0.0	5:58	8:04	
10	Thu	1:31	4.2	2:03	3.6	8:27	-0.4	8:38	-0.1	5:59	8:02	
11	Fri	2:21	4.1	2:55	3.7	9:12	-0.4	9:29	-0.1	6:00	8:01	
12	Sat	3:13	4.0	3:49	3.8	9:57	-0.4	10:20	-0.1	6:01	8:00	
13	Sun	4:08	3.8	4:45	3.8	10:42	-0.3	11:15	0.1	6:02	7:58	
14	Mon	5:06	3.6	5:42	3.8	11:30	-0.1			6:03	7:57	
15	Tue	6:03	3.4	6:37	3.7	12:16	0.3	12:25	0.1	6:04	7:56	
16	Wed	7:01	3.1	7:31	3.6	1:23	0.5	1:26	0.4	6:05	7:54	
17	Thu	7:59	3.0	8:29	3.5	2:31	0.6	2:30	0.5	6:06	7:53	
18	Fri	9:03	2.9	9:33	3.4	3:35	0.5	3:32	0.6	6:07	7:51	
19	Sat	10:10	2.8	10:35	3.5	4:32	0.5	4:28	0.6	6:08	7:50	
20	Sun	11:09	2.9	11:28	3.5	5:24	0.4	5:20	0.6	6:09	7:48	
21	Mon	11:58	3.1			6:12	0.3	6:09	0.5	6:10	7:47	
22	Tue	12:13	3.6	12:42	3.2	6:56	0.3	6:55	0.5	6:11	7:45	
23	Wed	12:53	3.6	1:22	3.3	7:38	0.2	7:39	0.4	6:12	7:44	
24	Thu	1:30	3.6	2:00	3.3	8:16	0.2	8:20	0.4	6:13	7:42	
25	Fri	2:06	3.5	2:38	3.4	8:51	0.2	8:59	0.5	6:14	7:41	
26	Sat	2:40	3.4	3:15	3.3	9:24	0.3	9:35	0.5	6:15	7:39	
27	Sun	3:13	3.3	3:51	3.3	9:53	0.4	10:10	0.6	6:16	7:37	
28	Mon	3:46	3.1	4:25	3.3	10:19	0.5	10:44	0.7	6:17	7:36	
29	Tue	4:21	2.9	5:00	3.2	10:43	0.6	11:23	0.9	6:18	7:34	
30	Wed	5:01	2.8	5:38	3.2	11:10	0.7			6:19	7:32	
31	Thu	5:50	2.7	6:23	3.2	12:15	1.0	11:49 AM	0.9	6:20	7:31	