

Poughkeepsie, NY - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:35	3.5	11:06	2.8	4:31	-0.2	5:26	-0.3	7:22	4:35	
2	Tue	11:26	3.6	11:56	2.9	5:23	-0.2	6:18	-0.4	7:22	4:36	
3	Wed			12:12	3.6	6:15	-0.2	7:06	-0.4	7:22	4:37	
4	Thu	12:45	2.9	12:58	3.5	7:04	-0.2	7:52	-0.4	7:22	4:38	
5	Fri	1:33	2.9	1:43	3.4	7:50	-0.1	8:34	-0.4	7:22	4:39	
6	Sat	2:21	2.8	2:28	3.2	8:33	0.0	9:14	-0.3	7:22	4:40	
7	Sun	3:09	2.8	3:14	3.0	9:14	0.1	9:53	-0.1	7:22	4:41	
8	Mon	3:57	2.7	4:00	2.9	9:55	0.3	10:32	0.1	7:22	4:42	
9	Tue	4:43	2.7	4:45	2.7	10:40	0.4	11:12	0.2	7:22	4:43	
10	Wed	5:27	2.7	5:28	2.5	11:34	0.6	11:57	0.4	7:22	4:44	
11	Thu	6:10	2.7	6:12	2.3			12:37	0.7	7:21	4:45	
12	Fri	6:53	2.7	7:00	2.2	12:48	0.4	1:40	0.7	7:21	4:46	
13	Sat	7:41	2.7	7:58	2.1	1:42	0.5	2:39	0.6	7:21	4:47	
14	Sun	8:35	2.8	9:04	2.2	2:35	0.5	3:32	0.4	7:20	4:48	
15	Mon	9:31	2.9	10:02	2.3	3:26	0.4	4:22	0.2	7:20	4:49	
16	Tue	10:20	3.1	10:50	2.4	4:15	0.2	5:10	0.0	7:19	4:51	
17	Wed	11:04	3.3	11:33	2.6	5:03	0.1	5:57	-0.2	7:19	4:52	
18	Thu	11:46	3.5			5:52	-0.1	6:43	-0.4	7:18	4:53	
19	Fri	12:14	2.7	12:28	3.6	6:40	-0.2	7:27	-0.5	7:18	4:54	
20	Sat	12:57	2.9	1:12	3.6	7:28	-0.4	8:10	-0.6	7:17	4:55	
21	Sun	1:42	3.0	1:59	3.6	8:15	-0.4	8:51	-0.7	7:17	4:56	
22	Mon	2:31	3.1	2:50	3.5	9:02	-0.4	9:33	-0.6	7:16	4:58	
23	Tue	3:24	3.2	3:44	3.3	9:53	-0.3	10:19	-0.5	7:15	4:59	
24	Wed	4:20	3.2	4:40	3.1	10:50	-0.1	11:10	-0.3	7:14	5:00	
25	Thu	5:16	3.2	5:38	2.9	11:58	0.0			7:14	5:01	
26	Fri	6:12	3.2	6:37	2.7	12:10	-0.2	1:10	0.1	7:13	5:03	
27	Sat	7:11	3.1	7:42	2.5	1:15	0.0	2:19	0.1	7:12	5:04	
28	Sun	8:18	3.1	8:54	2.5	2:20	0.0	3:21	0.0	7:11	5:05	
29	Mon	9:26	3.1	10:00	2.6	3:21	0.0	4:18	-0.1	7:10	5:06	
30	Tue	10:26	3.2	10:56	2.7	4:17	0.0	5:11	-0.2	7:09	5:08	
31	Wed	11:16	3.3	11:44	2.8	5:10	-0.1	6:01	-0.3	7:08	5:09	