

Poughkeepsie, NY - Jun 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:15	3.6	1:48	2.8	8:15	0.1	8:05	0.5	5:23	8:23	
2	Sat	1:48	3.6	2:27	2.8	8:56	0.1	8:44	0.5	5:23	8:24	
3	Sun	2:22	3.6	3:08	2.7	9:36	0.1	9:23	0.5	5:22	8:24	
4	Mon	3:01	3.5	3:54	2.7	10:15	0.1	10:02	0.6	5:22	8:25	
5	Tue	3:48	3.5	4:46	2.8	10:56	0.2	10:46	0.6	5:22	8:26	
6	Wed	4:42	3.4	5:39	2.9	11:41	0.2	11:41	0.7	5:21	8:27	
7	Thu	5:40	3.3	6:31	3.1			12:34	0.2	5:21	8:27	
8	Fri	6:37	3.3	7:22	3.3	12:53	0.7	1:31	0.2	5:21	8:28	
9	Sat	7:34	3.2	8:17	3.5	2:09	0.6	2:29	0.1	5:20	8:28	
10	Sun	8:35	3.1	9:16	3.7	3:17	0.4	3:25	0.1	5:20	8:29	
11	Mon	9:42	3.1	10:17	3.8	4:18	0.2	4:20	0.0	5:20	8:29	
12	Tue	10:48	3.1	11:14	4.0	5:16	0.0	5:14	-0.1	5:20	8:30	
13	Wed	11:47	3.2			6:11	-0.1	6:08	-0.1	5:20	8:30	
14	Thu	12:07	4.1	12:42	3.3	7:06	-0.2	7:02	-0.1	5:20	8:31	
15	Fri	12:58	4.1	1:35	3.3	7:59	-0.3	7:57	0.0	5:20	8:31	
16	Sat	1:48	4.0	2:30	3.2	8:50	-0.3	8:48	0.1	5:20	8:32	
17	Sun	2:40	3.9	3:26	3.2	9:38	-0.3	9:38	0.2	5:20	8:32	
18	Mon	3:34	3.7	4:23	3.1	10:25	-0.1	10:26	0.4	5:20	8:32	
19	Tue	4:29	3.5	5:18	3.1	11:12	0.0	11:16	0.6	5:20	8:33	
20	Wed	5:22	3.3	6:09	3.1			12:00	0.2	5:21	8:33	
21	Thu	6:12	3.1	6:56	3.1	12:10	0.8	12:50	0.4	5:21	8:33	
22	Fri	6:59	2.9	7:40	3.1	1:10	0.9	1:40	0.5	5:21	8:33	
23	Sat	7:45	2.8	8:26	3.2	2:11	0.9	2:28	0.6	5:21	8:34	
24	Sun	8:34	2.6	9:14	3.2	3:09	0.9	3:15	0.6	5:21	8:34	
25	Mon	9:30	2.6	10:04	3.3	4:01	0.8	3:59	0.6	5:22	8:34	
26	Tue	10:27	2.6	10:51	3.4	4:50	0.7	4:43	0.6	5:22	8:34	
27	Wed	11:19	2.6	11:34	3.5	5:36	0.5	5:27	0.6	5:23	8:34	
28	Thu			12:04	2.7	6:22	0.4	6:11	0.6	5:23	8:34	
29	Fri	12:14	3.6	12:46	2.8	7:07	0.3	6:56	0.5	5:23	8:34	
30	Sat	12:51	3.7	1:26	2.8	7:52	0.1	7:42	0.5	5:24	8:34	