

Poughkeepsie, NY - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:33	3.9	3:08	3.4	9:29	-0.2	9:40	0.1	5:49	8:14	
2	Thu	3:20	3.8	3:57	3.5	10:09	-0.2	10:28	0.2	5:50	8:13	
3	Fri	4:12	3.6	4:50	3.6	10:51	-0.1	11:21	0.3	5:51	8:12	
4	Sat	5:07	3.4	5:45	3.7	11:36	0.0			5:52	8:10	
5	Sun	6:05	3.3	6:40	3.7	12:24	0.4	12:31	0.1	5:53	8:09	
6	Mon	7:03	3.1	7:36	3.7	1:35	0.5	1:34	0.3	5:54	8:08	
7	Tue	8:05	3.0	8:38	3.6	2:44	0.5	2:41	0.4	5:55	8:07	
8	Wed	9:14	2.9	9:46	3.6	3:49	0.4	3:45	0.4	5:56	8:05	
9	Thu	10:24	3.0	10:51	3.7	4:48	0.3	4:45	0.4	5:57	8:04	
10	Fri	11:26	3.1	11:46	3.8	5:43	0.2	5:41	0.3	5:58	8:03	
11	Sat			12:19	3.2	6:34	0.1	6:34	0.3	5:59	8:01	
12	Sun	12:34	3.8	1:06	3.3	7:22	0.0	7:24	0.2	6:00	8:00	
13	Mon	1:19	3.8	1:51	3.4	8:07	-0.1	8:11	0.3	6:01	7:59	
14	Tue	2:01	3.7	2:34	3.4	8:48	0.0	8:55	0.3	6:03	7:57	
15	Wed	2:42	3.6	3:17	3.4	9:26	0.0	9:36	0.4	6:04	7:56	
16	Thu	3:23	3.4	4:00	3.4	10:01	0.2	10:16	0.5	6:05	7:55	
17	Fri	4:06	3.2	4:43	3.3	10:34	0.3	10:55	0.7	6:06	7:53	
18	Sat	4:49	3.0	5:26	3.3	11:05	0.5	11:39	0.8	6:07	7:52	
19	Sun	5:34	2.8	6:09	3.2	11:37	0.7			6:08	7:50	
20	Mon	6:20	2.7	6:50	3.2	12:32	1.0	12:14	0.9	6:09	7:49	
21	Tue	7:07	2.6	7:35	3.1	1:37	1.1	1:11	1.0	6:10	7:47	
22	Wed	8:00	2.5	8:26	3.1	2:43	1.0	2:25	1.1	6:11	7:46	
23	Thu	9:04	2.5	9:27	3.2	3:42	0.9	3:30	1.0	6:12	7:44	
24	Fri	10:11	2.6	10:28	3.4	4:34	0.7	4:26	0.8	6:13	7:42	
25	Sat	11:06	2.8	11:19	3.6	5:22	0.5	5:18	0.7	6:14	7:41	
26	Sun	11:51	3.0			6:08	0.3	6:08	0.4	6:15	7:39	
27	Mon	12:03	3.8	12:32	3.3	6:52	0.1	6:58	0.2	6:16	7:38	
28	Tue	12:45	4.0	1:12	3.6	7:36	-0.1	7:48	0.1	6:17	7:36	
29	Wed	1:28	4.0	1:54	3.8	8:19	-0.2	8:36	0.0	6:18	7:34	
30	Thu	2:12	4.0	2:40	3.9	9:00	-0.3	9:25	-0.1	6:19	7:33	
31	Fri	3:00	3.8	3:29	3.9	9:42	-0.3	10:14	0.0	6:20	7:31	