

Poughkeepsie, NY - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:04	2.8	7:16	2.4	1:08	0.3	1:47	0.6	7:22	4:35	
2	Wed	7:54	2.8	8:13	2.3	1:58	0.4	2:43	0.5	7:22	4:36	
3	Thu	8:47	2.9	9:12	2.3	2:47	0.4	3:34	0.4	7:22	4:37	
4	Fri	9:40	3.0	10:06	2.3	3:33	0.4	4:22	0.3	7:22	4:38	
5	Sat	10:26	3.1	10:53	2.4	4:18	0.3	5:07	0.1	7:22	4:39	
6	Sun	11:08	3.2	11:35	2.5	5:02	0.2	5:52	0.0	7:22	4:40	
7	Mon	11:46	3.3			5:46	0.1	6:35	-0.1	7:22	4:41	
8	Tue	12:13	2.6	12:22	3.3	6:30	0.1	7:16	-0.2	7:22	4:42	
9	Wed	12:50	2.6	12:56	3.4	7:11	0.0	7:55	-0.3	7:22	4:43	
10	Thu	1:26	2.7	1:32	3.3	7:51	0.0	8:32	-0.3	7:22	4:44	
11	Fri	2:03	2.7	2:10	3.3	8:30	0.0	9:07	-0.3	7:21	4:45	
12	Sat	2:44	2.8	2:54	3.2	9:11	0.0	9:44	-0.3	7:21	4:46	
13	Sun	3:30	2.9	3:43	3.1	9:55	0.1	10:23	-0.2	7:21	4:47	
14	Mon	4:21	3.0	4:38	2.9	10:50	0.2	11:11	-0.1	7:20	4:48	
15	Tue	5:14	3.1	5:35	2.8			12:02	0.2	7:20	4:49	
16	Wed	6:10	3.1	6:36	2.6	12:11	-0.1	1:19	0.2	7:20	4:50	
17	Thu	7:11	3.2	7:44	2.5	1:19	0.0	2:29	0.1	7:19	4:51	
18	Fri	8:20	3.2	9:00	2.6	2:27	-0.1	3:32	0.0	7:18	4:53	
19	Sat	9:31	3.4	10:08	2.7	3:30	-0.2	4:30	-0.2	7:18	4:54	
20	Sun	10:33	3.5	11:06	2.9	4:29	-0.3	5:25	-0.4	7:17	4:55	
21	Mon	11:27	3.6	11:58	3.0	5:25	-0.4	6:18	-0.6	7:17	4:56	
22	Tue			12:16	3.7	6:19	-0.4	7:07	-0.7	7:16	4:57	
23	Wed	12:48	3.1	1:04	3.6	7:11	-0.5	7:53	-0.7	7:15	4:59	
24	Thu	1:37	3.1	1:50	3.5	7:58	-0.4	8:36	-0.6	7:15	5:00	
25	Fri	2:25	3.1	2:37	3.3	8:43	-0.3	9:16	-0.5	7:14	5:01	
26	Sat	3:13	3.1	3:24	3.1	9:26	-0.1	9:56	-0.3	7:13	5:02	
27	Sun	4:00	3.0	4:11	2.8	10:11	0.1	10:35	0.0	7:12	5:04	
28	Mon	4:46	2.9	4:57	2.6	10:59	0.3	11:17	0.2	7:11	5:05	
29	Tue	5:31	2.8	5:44	2.4	11:56	0.5			7:10	5:06	
30	Wed	6:16	2.7	6:32	2.2	12:06	0.4	12:59	0.6	7:10	5:07	
31	Thu	7:03	2.7	7:26	2.1	1:02	0.5	2:02	0.6	7:09	5:09	