

Poughkeepsie, NY - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:43	3.1			6:10	-0.1	6:03	0.0	5:25	8:34	
2	Wed	12:02	4.1	12:40	3.3	7:05	-0.2	7:01	-0.1	5:25	8:33	
3	Thu	12:56	4.2	1:36	3.4	7:59	-0.4	7:58	-0.1	5:26	8:33	
4	Fri	1:50	4.1	2:32	3.4	8:50	-0.4	8:53	-0.1	5:26	8:33	
5	Sat	2:44	4.0	3:29	3.5	9:39	-0.4	9:44	0.0	5:27	8:33	
6	Sun	3:39	3.8	4:25	3.5	10:26	-0.3	10:34	0.2	5:28	8:32	
7	Mon	4:34	3.6	5:20	3.4	11:13	-0.2	11:27	0.4	5:28	8:32	
8	Tue	5:28	3.4	6:11	3.4			12:01	0.1	5:29	8:32	
9	Wed	6:19	3.2	6:58	3.4	12:24	0.6	12:52	0.3	5:30	8:31	
10	Thu	7:07	3.0	7:44	3.3	1:25	0.7	1:43	0.5	5:30	8:31	
11	Fri	7:57	2.8	8:32	3.3	2:26	0.8	2:34	0.6	5:31	8:30	
12	Sat	8:50	2.6	9:23	3.3	3:24	0.8	3:24	0.7	5:32	8:30	
13	Sun	9:49	2.6	10:17	3.3	4:16	0.7	4:12	0.7	5:33	8:29	
14	Mon	10:47	2.6	11:07	3.4	5:05	0.6	4:58	0.7	5:34	8:29	
15	Tue	11:38	2.7	11:51	3.5	5:51	0.5	5:44	0.7	5:34	8:28	
16	Wed			12:22	2.8	6:36	0.4	6:29	0.6	5:35	8:28	
17	Thu	12:32	3.6	1:03	2.9	7:20	0.3	7:14	0.5	5:36	8:27	
18	Fri	1:09	3.6	1:42	2.9	8:01	0.2	7:58	0.5	5:37	8:26	
19	Sat	1:44	3.6	2:20	3.0	8:40	0.1	8:39	0.5	5:38	8:25	
20	Sun	2:18	3.6	2:56	3.0	9:17	0.1	9:18	0.5	5:39	8:25	
21	Mon	2:54	3.5	3:33	3.1	9:51	0.0	9:56	0.5	5:40	8:24	
22	Tue	3:33	3.5	4:14	3.2	10:25	0.1	10:37	0.5	5:40	8:23	
23	Wed	4:17	3.3	4:58	3.3	10:59	0.1	11:25	0.6	5:41	8:22	
24	Thu	5:08	3.2	5:47	3.4	11:39	0.2			5:42	8:21	
25	Fri	6:03	3.1	6:38	3.5	12:26	0.6	12:29	0.3	5:43	8:20	
26	Sat	7:00	3.0	7:33	3.6	1:41	0.7	1:33	0.3	5:44	8:19	
27	Sun	8:03	2.9	8:36	3.7	2:53	0.6	2:43	0.4	5:45	8:18	
28	Mon	9:15	2.9	9:47	3.8	3:59	0.4	3:50	0.3	5:46	8:17	
29	Tue	10:29	3.0	10:55	3.9	4:58	0.2	4:53	0.2	5:47	8:16	
30	Wed	11:33	3.2	11:53	4.0	5:55	0.0	5:52	0.1	5:48	8:15	
31	Thu			12:29	3.4	6:49	-0.1	6:49	0.0	5:49	8:14	