

Poughkeepsie, NY - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:46	4.1	1:22	3.5	7:40	-0.3	7:44	0.0	5:50	8:13	
2	Sat	1:36	4.1	2:13	3.6	8:29	-0.4	8:36	0.0	5:51	8:12	
3	Sun	2:25	4.0	3:03	3.6	9:14	-0.3	9:24	0.0	5:52	8:11	
4	Mon	3:14	3.8	3:54	3.6	9:57	-0.2	10:11	0.2	5:53	8:09	
5	Tue	4:04	3.6	4:43	3.5	10:38	0.0	10:58	0.4	5:54	8:08	
6	Wed	4:54	3.3	5:32	3.5	11:20	0.2	11:48	0.6	5:55	8:07	
7	Thu	5:44	3.1	6:18	3.4			12:03	0.5	5:56	8:06	
8	Fri	6:32	2.9	7:04	3.3	12:44	0.8	12:51	0.7	5:57	8:04	
9	Sat	7:21	2.7	7:51	3.2	1:46	0.9	1:46	0.9	5:58	8:03	
10	Sun	8:14	2.6	8:43	3.2	2:47	0.9	2:43	0.9	5:59	8:02	
11	Mon	9:13	2.5	9:40	3.2	3:44	0.9	3:38	0.9	6:00	8:00	
12	Tue	10:16	2.6	10:37	3.3	4:35	0.8	4:30	0.9	6:01	7:59	
13	Wed	11:11	2.7	11:25	3.4	5:22	0.6	5:18	0.8	6:02	7:58	
14	Thu	11:56	2.9			6:06	0.5	6:04	0.6	6:03	7:56	
15	Fri	12:06	3.6	12:36	3.0	6:48	0.3	6:49	0.5	6:04	7:55	
16	Sat	12:43	3.7	1:12	3.2	7:29	0.2	7:33	0.4	6:05	7:53	
17	Sun	1:18	3.7	1:46	3.3	8:08	0.1	8:16	0.3	6:06	7:52	
18	Mon	1:53	3.7	2:20	3.4	8:45	0.0	8:58	0.3	6:07	7:50	
19	Tue	2:29	3.7	2:56	3.5	9:20	0.0	9:39	0.3	6:08	7:49	
20	Wed	3:09	3.5	3:37	3.6	9:55	0.0	10:22	0.3	6:09	7:47	
21	Thu	3:56	3.4	4:25	3.7	10:31	0.1	11:11	0.4	6:10	7:46	
22	Fri	4:50	3.2	5:19	3.7	11:12	0.2			6:12	7:44	
23	Sat	5:49	3.1	6:18	3.7	12:12	0.6	12:05	0.4	6:13	7:43	
24	Sun	6:52	3.0	7:19	3.6	1:26	0.6	1:16	0.5	6:14	7:41	
25	Mon	7:58	2.9	8:26	3.6	2:40	0.6	2:33	0.5	6:15	7:40	
26	Tue	9:10	2.9	9:39	3.7	3:46	0.5	3:43	0.4	6:16	7:38	
27	Wed	10:22	3.1	10:47	3.8	4:44	0.3	4:45	0.3	6:17	7:36	
28	Thu	11:24	3.3	11:43	3.9	5:38	0.1	5:42	0.2	6:18	7:35	
29	Fri			12:16	3.5	6:29	-0.1	6:36	0.1	6:19	7:33	
30	Sat	12:32	4.0	1:03	3.7	7:17	-0.2	7:28	0.0	6:20	7:32	
31	Sun	1:18	3.9	1:48	3.8	8:02	-0.2	8:16	0.0	6:21	7:30	