

Poughkeepsie, NY - Nov 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:14	2.9	3:22	3.4	9:28	0.5	10:13	0.4	7:28	5:50	
2	Sun	3:00	2.7	3:04	3.3	9:01	0.7	9:53	0.5	6:29	4:48	
3	Mon	3:53	2.6	3:52	3.1	9:33	0.8	10:38	0.7	6:30	4:47	
4	Tue	4:47	2.5	4:44	3.0	10:11	1.0	11:32	0.8	6:32	4:46	
5	Wed	5:37	2.5	5:34	3.0	11:10	1.1			6:33	4:45	
6	Thu	6:24	2.6	6:23	2.9	12:33	0.8	12:36	1.1	6:34	4:44	
7	Fri	7:12	2.7	7:16	3.0	1:30	0.7	1:47	1.0	6:35	4:43	
8	Sat	8:02	2.9	8:14	3.0	2:20	0.5	2:46	0.7	6:37	4:41	
9	Sun	8:53	3.2	9:12	3.1	3:06	0.3	3:38	0.5	6:38	4:40	
10	Mon	9:41	3.5	10:04	3.2	3:50	0.1	4:29	0.2	6:39	4:39	
11	Tue	10:26	3.8	10:53	3.3	4:34	0.0	5:19	0.0	6:40	4:38	
12	Wed	11:10	4.0	11:40	3.4	5:20	-0.2	6:10	-0.2	6:41	4:37	
13	Thu	11:55	4.2			6:08	-0.2	7:02	-0.3	6:43	4:37	
14	Fri	12:28	3.4	12:43	4.2	6:59	-0.3	7:54	-0.4	6:44	4:36	
15	Sat	1:21	3.3	1:36	4.1	7:50	-0.3	8:45	-0.3	6:45	4:35	
16	Sun	2:20	3.2	2:35	3.9	8:42	-0.1	9:37	-0.2	6:46	4:34	
17	Mon	3:25	3.1	3:41	3.7	9:36	0.0	10:34	-0.1	6:48	4:33	
18	Tue	4:32	3.1	4:47	3.5	10:37	0.2	11:36	0.0	6:49	4:32	
19	Wed	5:34	3.1	5:48	3.4	11:46	0.4			6:50	4:32	
20	Thu	6:32	3.1	6:46	3.2	12:39	0.1	12:58	0.5	6:51	4:31	
21	Fri	7:29	3.2	7:44	3.1	1:39	0.1	2:03	0.5	6:52	4:30	
22	Sat	8:26	3.3	8:43	3.0	2:33	0.1	3:01	0.4	6:53	4:30	
23	Sun	9:20	3.4	9:39	2.9	3:22	0.1	3:53	0.3	6:55	4:29	
24	Mon	10:08	3.5	10:28	2.9	4:06	0.1	4:41	0.2	6:56	4:29	
25	Tue	10:50	3.6	11:11	2.9	4:49	0.1	5:27	0.1	6:57	4:28	
26	Wed	11:29	3.6	11:52	2.9	5:30	0.2	6:11	0.1	6:58	4:28	
27	Thu			12:06	3.6	6:10	0.2	6:54	0.0	6:59	4:27	
28	Fri	12:31	2.8	12:42	3.5	6:51	0.3	7:35	0.0	7:00	4:27	
29	Sat	1:11	2.8	1:19	3.4	7:29	0.3	8:14	0.1	7:01	4:26	
30	Sun	1:52	2.7	1:55	3.3	8:06	0.4	8:51	0.1	7:02	4:26	