

Poughkeepsie, NY - Feb 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:02	3.0	4:25	2.7	10:40	0.2	10:45	0.0	7:07	5:11	
2	Mon	4:53	3.0	5:22	2.6	11:49	0.3	11:43	0.1	7:06	5:12	
3	Tue	5:50	3.1	6:25	2.5			1:12	0.3	7:05	5:13	
4	Wed	6:53	3.1	7:37	2.4	1:01	0.1	2:26	0.2	7:04	5:15	
5	Thu	8:08	3.2	8:56	2.5	2:19	0.1	3:29	0.0	7:03	5:16	
6	Fri	9:25	3.3	10:05	2.8	3:27	-0.1	4:27	-0.3	7:01	5:17	
7	Sat	10:29	3.5	11:03	3.0	4:28	-0.3	5:21	-0.5	7:00	5:19	
8	Sun	11:24	3.7	11:55	3.3	5:25	-0.5	6:13	-0.7	6:59	5:20	
9	Mon			12:13	3.8	6:20	-0.6	7:02	-0.8	6:58	5:21	
10	Tue	12:44	3.4	1:02	3.7	7:12	-0.7	7:48	-0.9	6:57	5:22	
11	Wed	1:33	3.5	1:50	3.6	8:01	-0.7	8:31	-0.8	6:55	5:24	
12	Thu	2:22	3.5	2:38	3.4	8:48	-0.5	9:13	-0.6	6:54	5:25	
13	Fri	3:11	3.4	3:28	3.1	9:34	-0.3	9:55	-0.4	6:53	5:26	
14	Sat	4:00	3.2	4:18	2.9	10:21	-0.1	10:38	-0.1	6:51	5:27	
15	Sun	4:49	3.1	5:09	2.6	11:15	0.2	11:26	0.2	6:50	5:29	
16	Mon	5:37	2.9	6:00	2.4			12:16	0.4	6:49	5:30	
17	Tue	6:26	2.8	6:54	2.2	12:23	0.5	1:20	0.5	6:47	5:31	
18	Wed	7:21	2.7	7:54	2.2	1:26	0.6	2:22	0.5	6:46	5:32	
19	Thu	8:22	2.7	8:59	2.2	2:26	0.6	3:17	0.4	6:44	5:34	
20	Fri	9:24	2.7	9:57	2.3	3:21	0.5	4:06	0.3	6:43	5:35	
21	Sat	10:17	2.9	10:45	2.5	4:10	0.4	4:51	0.2	6:41	5:36	
22	Sun	11:00	3.0	11:25	2.7	4:57	0.2	5:33	0.0	6:40	5:37	
23	Mon	11:38	3.1			5:41	0.1	6:12	-0.1	6:39	5:39	
24	Tue	12:01	2.9	12:13	3.2	6:23	0.0	6:50	-0.2	6:37	5:40	
25	Wed	12:33	3.0	12:46	3.2	7:04	-0.1	7:26	-0.3	6:35	5:41	
26	Thu	1:03	3.1	1:18	3.2	7:43	-0.2	8:00	-0.3	6:34	5:42	
27	Fri	1:33	3.2	1:52	3.1	8:21	-0.2	8:32	-0.3	6:32	5:43	
28	Sat	2:06	3.2	2:31	3.0	9:00	-0.2	9:05	-0.2	6:31	5:45	