

Poughkeepsie, NY - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:24	3.4	7:14	3.1	12:22	0.4	1:23	0.1	5:51	7:53	
2	Sat	7:26	3.3	8:14	3.2	1:37	0.4	2:27	0.1	5:50	7:55	
3	Sun	8:28	3.2	9:14	3.3	2:47	0.4	3:25	0.0	5:49	7:56	
4	Mon	9:32	3.1	10:13	3.5	3:50	0.3	4:18	0.0	5:47	7:57	
5	Tue	10:33	3.1	11:06	3.6	4:47	0.2	5:07	-0.1	5:46	7:58	
6	Wed	11:26	3.2	11:51	3.8	5:38	0.0	5:53	-0.1	5:45	7:59	
7	Thu			12:13	3.2	6:28	0.0	6:37	0.0	5:44	8:00	
8	Fri	12:33	3.8	12:57	3.1	7:15	-0.1	7:21	0.1	5:42	8:01	
9	Sat	1:13	3.8	1:40	3.1	8:00	-0.1	8:03	0.2	5:41	8:02	
10	Sun	1:51	3.7	2:23	3.0	8:43	-0.1	8:43	0.3	5:40	8:03	
11	Mon	2:31	3.6	3:07	2.9	9:24	0.0	9:21	0.4	5:39	8:04	
12	Tue	3:11	3.4	3:55	2.8	10:03	0.1	9:57	0.6	5:38	8:05	
13	Wed	3:55	3.3	4:45	2.7	10:42	0.3	10:33	0.7	5:37	8:06	
14	Thu	4:42	3.1	5:36	2.6	11:23	0.4	11:13	0.9	5:36	8:07	
15	Fri	5:30	3.0	6:24	2.6			12:09	0.5	5:35	8:08	
16	Sat	6:17	2.9	7:08	2.7	12:05	1.0	1:01	0.6	5:34	8:09	
17	Sun	7:03	2.8	7:51	2.8	1:16	1.1	1:56	0.6	5:33	8:10	
18	Mon	7:50	2.8	8:36	2.9	2:25	1.0	2:47	0.6	5:32	8:11	
19	Tue	8:43	2.8	9:25	3.1	3:25	0.8	3:35	0.5	5:31	8:12	
20	Wed	9:43	2.8	10:14	3.3	4:19	0.6	4:21	0.3	5:30	8:13	
21	Thu	10:41	2.9	11:01	3.6	5:10	0.4	5:06	0.2	5:30	8:14	
22	Fri	11:33	3.0	11:46	3.9	6:00	0.1	5:53	0.1	5:29	8:15	
23	Sat			12:21	3.1	6:50	-0.1	6:42	0.0	5:28	8:16	
24	Sun	12:31	4.0	1:09	3.2	7:42	-0.2	7:34	-0.1	5:27	8:17	
25	Mon	1:18	4.1	2:01	3.2	8:32	-0.4	8:26	-0.1	5:27	8:18	
26	Tue	2:09	4.1	2:57	3.2	9:22	-0.4	9:18	-0.1	5:26	8:19	
27	Wed	3:05	4.0	3:59	3.2	10:12	-0.4	10:11	0.0	5:25	8:19	
28	Thu	4:07	3.9	5:02	3.3	11:04	-0.3	11:08	0.1	5:25	8:20	
29	Fri	5:11	3.7	6:03	3.3			12:00	-0.2	5:24	8:21	
30	Sat	6:12	3.5	6:59	3.4	12:12	0.3	12:59	0.0	5:24	8:22	
31	Sun	7:09	3.3	7:54	3.4	1:21	0.4	1:59	0.0	5:23	8:23	