

Poughkeepsie, NY - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:26	3.0	11:40	3.5	5:33	0.5	5:38	0.7	6:22	7:29	
2	Wed			12:08	3.1	6:14	0.4	6:22	0.6	6:23	7:27	
3	Thu	12:19	3.5	12:45	3.3	6:53	0.3	7:05	0.5	6:24	7:25	
4	Fri	12:55	3.6	1:18	3.4	7:31	0.2	7:47	0.4	6:25	7:24	
5	Sat	1:28	3.6	1:49	3.5	8:07	0.2	8:27	0.4	6:26	7:22	
6	Sun	1:59	3.5	2:18	3.5	8:41	0.2	9:05	0.4	6:27	7:20	
7	Mon	2:31	3.4	2:47	3.6	9:13	0.2	9:42	0.4	6:28	7:19	
8	Tue	3:06	3.3	3:22	3.6	9:44	0.3	10:21	0.5	6:29	7:17	
9	Wed	3:48	3.1	4:05	3.6	10:17	0.3	11:06	0.6	6:30	7:15	
10	Thu	4:40	3.0	4:59	3.6	10:55	0.5			6:31	7:13	
11	Fri	5:42	2.9	6:01	3.6	12:06	0.7	11:47 AM	0.6	6:32	7:12	
12	Sat	6:48	2.9	7:07	3.6	1:23	0.8	1:03	0.7	6:33	7:10	
13	Sun	7:55	2.9	8:17	3.6	2:37	0.7	2:29	0.6	6:34	7:08	
14	Mon	9:07	3.0	9:31	3.7	3:41	0.5	3:41	0.5	6:35	7:07	
15	Tue	10:17	3.3	10:38	3.8	4:37	0.2	4:44	0.3	6:36	7:05	
16	Wed	11:16	3.6	11:35	3.9	5:29	0.0	5:40	0.1	6:37	7:03	
17	Thu			12:08	3.9	6:19	-0.2	6:35	-0.1	6:38	7:01	
18	Fri	12:25	4.0	12:55	4.1	7:07	-0.3	7:27	-0.2	6:39	7:00	
19	Sat	1:12	4.0	1:41	4.1	7:53	-0.3	8:17	-0.2	6:40	6:58	
20	Sun	1:58	3.9	2:27	4.1	8:38	-0.3	9:05	-0.1	6:41	6:56	
21	Mon	2:45	3.7	3:13	4.0	9:21	-0.1	9:51	0.0	6:42	6:54	
22	Tue	3:35	3.4	4:02	3.8	10:02	0.1	10:37	0.3	6:43	6:53	
23	Wed	4:28	3.2	4:53	3.6	10:44	0.4	11:27	0.5	6:44	6:51	
24	Thu	5:24	3.0	5:46	3.4	11:28	0.7			6:45	6:49	
25	Fri	6:20	2.8	6:39	3.3	12:23	0.7	12:23	1.0	6:46	6:47	
26	Sat	7:14	2.7	7:32	3.2	1:27	0.9	1:29	1.1	6:47	6:46	
27	Sun	8:08	2.7	8:27	3.1	2:29	0.9	2:35	1.1	6:48	6:44	
28	Mon	9:06	2.7	9:25	3.1	3:25	0.8	3:33	1.0	6:49	6:42	
29	Tue	10:03	2.9	10:20	3.2	4:13	0.7	4:24	0.9	6:50	6:41	
30	Wed	10:53	3.0	11:07	3.3	4:56	0.6	5:10	0.7	6:51	6:39	