

Poughkeepsie, NY - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:34	3.2	11:47	3.4	5:36	0.4	5:54	0.6	6:52	6:37	
2	Fri			12:10	3.4	6:14	0.3	6:37	0.4	6:54	6:35	
3	Sat	12:23	3.5	12:42	3.6	6:52	0.2	7:20	0.3	6:55	6:34	
4	Sun	12:57	3.5	1:11	3.7	7:29	0.2	8:02	0.2	6:56	6:32	
5	Mon	1:30	3.4	1:41	3.8	8:06	0.1	8:44	0.2	6:57	6:30	
6	Tue	2:06	3.4	2:14	3.8	8:42	0.2	9:25	0.2	6:58	6:29	
7	Wed	2:46	3.2	2:54	3.8	9:19	0.2	10:09	0.3	6:59	6:27	
8	Thu	3:33	3.1	3:43	3.8	9:58	0.3	10:57	0.4	7:00	6:25	
9	Fri	4:33	3.0	4:44	3.7	10:43	0.4	11:57	0.5	7:01	6:24	
10	Sat	5:41	2.9	5:53	3.6	11:42	0.6			7:02	6:22	
11	Sun	6:48	3.0	7:02	3.5	1:08	0.6	1:03	0.7	7:03	6:20	
12	Mon	7:52	3.1	8:09	3.5	2:18	0.5	2:23	0.6	7:04	6:19	
13	Tue	8:58	3.2	9:17	3.5	3:20	0.3	3:32	0.5	7:06	6:17	
14	Wed	10:02	3.5	10:22	3.6	4:15	0.1	4:32	0.3	7:07	6:16	
15	Thu	10:59	3.7	11:17	3.7	5:06	-0.1	5:27	0.1	7:08	6:14	
16	Fri	11:48	3.9			5:53	-0.2	6:19	-0.1	7:09	6:13	
17	Sat	12:06	3.7	12:33	4.1	6:40	-0.2	7:09	-0.1	7:10	6:11	
18	Sun	12:52	3.7	1:16	4.1	7:25	-0.2	7:58	-0.1	7:11	6:09	
19	Mon	1:36	3.6	1:58	4.1	8:10	-0.1	8:44	-0.1	7:12	6:08	
20	Tue	2:22	3.4	2:41	3.9	8:52	0.1	9:28	0.0	7:14	6:06	
21	Wed	3:09	3.2	3:26	3.7	9:32	0.3	10:12	0.2	7:15	6:05	
22	Thu	4:00	3.0	4:15	3.5	10:12	0.5	10:57	0.4	7:16	6:03	
23	Fri	4:55	2.8	5:08	3.3	10:52	0.8	11:46	0.6	7:17	6:02	
24	Sat	5:51	2.7	6:02	3.2	11:39	1.0			7:18	6:01	
25	Sun	6:44	2.7	6:54	3.0	12:43	0.8	12:42	1.1	7:19	5:59	
26	Mon	7:35	2.7	7:45	3.0	1:43	0.8	1:53	1.1	7:21	5:58	
27	Tue	8:27	2.7	8:38	2.9	2:39	0.8	2:56	1.1	7:22	5:56	
28	Wed	9:20	2.8	9:32	3.0	3:28	0.7	3:50	0.9	7:23	5:55	
29	Thu	10:10	3.0	10:24	3.0	4:12	0.5	4:39	0.7	7:24	5:54	
30	Fri	10:53	3.2	11:09	3.1	4:53	0.4	5:24	0.5	7:25	5:52	
31	Sat	11:31	3.5	11:49	3.2	5:32	0.3	6:08	0.3	7:27	5:51	