

Poughkeepsie, NY - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:12	3.8	11:46	3.0	5:20	0.0	6:18	-0.2	7:03	4:26	
2	Wed	11:55	3.9			6:09	-0.1	7:08	-0.3	7:04	4:25	
3	Thu	12:32	3.1	12:42	4.0	6:59	-0.2	7:56	-0.4	7:05	4:25	
4	Fri	1:23	3.1	1:33	3.9	7:50	-0.2	8:45	-0.4	7:06	4:25	
5	Sat	2:20	3.1	2:31	3.8	8:41	-0.2	9:34	-0.4	7:07	4:25	
6	Sun	3:22	3.1	3:33	3.6	9:34	-0.1	10:27	-0.3	7:08	4:25	
7	Mon	4:25	3.1	4:37	3.4	10:34	0.1	11:24	-0.2	7:09	4:25	
8	Tue	5:25	3.2	5:36	3.3	11:42	0.2			7:10	4:25	
9	Wed	6:22	3.2	6:34	3.1	12:25	-0.1	12:53	0.3	7:11	4:25	
10	Thu	7:18	3.3	7:33	2.9	1:25	-0.1	1:59	0.2	7:12	4:25	
11	Fri	8:16	3.3	8:35	2.8	2:21	-0.1	2:59	0.2	7:12	4:25	
12	Sat	9:13	3.4	9:36	2.8	3:14	-0.1	3:54	0.1	7:13	4:25	
13	Sun	10:06	3.5	10:30	2.8	4:03	-0.1	4:45	0.0	7:14	4:25	
14	Mon	10:52	3.5	11:17	2.8	4:50	0.0	5:33	-0.1	7:15	4:25	
15	Tue	11:35	3.6			5:36	0.0	6:20	-0.2	7:15	4:26	
16	Wed	12:01	2.8	12:15	3.5	6:21	0.0	7:04	-0.2	7:16	4:26	
17	Thu	12:43	2.8	12:55	3.5	7:04	0.1	7:46	-0.2	7:17	4:26	
18	Fri	1:26	2.8	1:35	3.4	7:45	0.1	8:25	-0.1	7:17	4:27	
19	Sat	2:09	2.7	2:16	3.2	8:23	0.2	9:02	0.0	7:18	4:27	
20	Sun	2:54	2.6	2:57	3.1	8:59	0.3	9:37	0.1	7:18	4:28	
21	Mon	3:40	2.6	3:39	2.9	9:35	0.5	10:12	0.2	7:19	4:28	
22	Tue	4:24	2.6	4:21	2.8	10:13	0.6	10:49	0.3	7:19	4:29	
23	Wed	5:06	2.6	5:03	2.7	11:00	0.7	11:31	0.3	7:20	4:29	
24	Thu	5:44	2.6	5:46	2.6			12:06	0.8	7:20	4:30	
25	Fri	6:23	2.7	6:33	2.5	12:21	0.4	1:19	0.7	7:21	4:30	
26	Sat	7:07	2.8	7:30	2.4	1:17	0.4	2:23	0.6	7:21	4:31	
27	Sun	8:01	3.0	8:37	2.4	2:14	0.3	3:20	0.4	7:21	4:32	
28	Mon	9:02	3.2	9:42	2.6	3:09	0.2	4:14	0.1	7:22	4:32	
29	Tue	10:00	3.4	10:38	2.7	4:03	0.0	5:07	-0.1	7:22	4:33	
30	Wed	10:53	3.7	11:30	2.9	4:57	-0.2	5:59	-0.4	7:22	4:34	
31	Thu	11:43	3.8			5:51	-0.3	6:50	-0.5	7:22	4:35	