

Poughkeepsie, NY - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:08	3.7	3:46	3.0	9:56	-0.2	10:01	0.3	5:51	7:53	
2	Sun	3:57	3.5	4:41	2.9	10:41	0.0	10:44	0.5	5:50	7:54	
3	Mon	4:50	3.3	5:35	2.8	11:28	0.2	11:32	0.7	5:49	7:55	
4	Tue	5:43	3.1	6:27	2.7			12:20	0.4	5:48	7:56	
5	Wed	6:34	3.0	7:17	2.7	12:29	0.9	1:16	0.6	5:46	7:57	
6	Thu	7:24	2.9	8:06	2.8	1:35	1.0	2:11	0.6	5:45	7:59	
7	Fri	8:15	2.8	8:56	2.8	2:38	1.0	3:02	0.6	5:44	8:00	
8	Sat	9:09	2.7	9:48	3.0	3:35	0.8	3:49	0.5	5:43	8:01	
9	Sun	10:05	2.7	10:35	3.1	4:25	0.7	4:32	0.4	5:42	8:02	
10	Mon	10:55	2.8	11:16	3.3	5:12	0.5	5:13	0.4	5:40	8:03	
11	Tue	11:40	2.9	11:53	3.5	5:57	0.3	5:53	0.3	5:39	8:04	
12	Wed			12:20	3.0	6:41	0.2	6:34	0.2	5:38	8:05	
13	Thu	12:26	3.7	12:59	3.0	7:26	0.0	7:17	0.2	5:37	8:06	
14	Fri	1:00	3.8	1:39	3.0	8:11	-0.1	8:00	0.1	5:36	8:07	
15	Sat	1:36	3.8	2:22	3.0	8:55	-0.1	8:44	0.1	5:35	8:08	
16	Sun	2:18	3.8	3:11	3.0	9:39	-0.1	9:29	0.1	5:34	8:09	
17	Mon	3:07	3.8	4:07	3.0	10:24	-0.1	10:16	0.2	5:33	8:10	
18	Tue	4:04	3.7	5:08	3.1	11:14	0.0	11:10	0.3	5:32	8:11	
19	Wed	5:07	3.5	6:07	3.1			12:09	0.0	5:32	8:12	
20	Thu	6:10	3.4	7:04	3.3	12:16	0.4	1:10	0.1	5:31	8:13	
21	Fri	7:10	3.3	8:00	3.4	1:30	0.4	2:11	0.1	5:30	8:14	
22	Sat	8:11	3.2	8:59	3.5	2:40	0.4	3:09	0.0	5:29	8:15	
23	Sun	9:15	3.2	9:58	3.7	3:43	0.2	4:03	0.0	5:28	8:16	
24	Mon	10:19	3.1	10:54	3.8	4:41	0.1	4:55	-0.1	5:28	8:17	
25	Tue	11:18	3.2	11:44	3.9	5:35	0.0	5:45	-0.1	5:27	8:17	
26	Wed			12:10	3.2	6:27	-0.1	6:34	0.0	5:26	8:18	
27	Thu	12:31	4.0	12:58	3.2	7:18	-0.2	7:23	0.0	5:26	8:19	
28	Fri	1:15	3.9	1:46	3.1	8:06	-0.2	8:10	0.1	5:25	8:20	
29	Sat	1:59	3.8	2:34	3.1	8:52	-0.2	8:55	0.3	5:24	8:21	
30	Sun	2:44	3.7	3:24	3.0	9:35	-0.1	9:37	0.4	5:24	8:22	
31	Mon	3:30	3.5	4:15	2.9	10:17	0.1	10:19	0.6	5:23	8:22	