

Poughkeepsie, NY - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:19	3.3	5:07	2.9	10:58	0.2	11:01	0.7	5:23	8:23	
2	Wed	5:09	3.2	5:56	2.8	11:41	0.4	11:50	0.9	5:23	8:24	
3	Thu	5:57	3.0	6:41	2.9			12:27	0.5	5:22	8:25	
4	Fri	6:42	2.9	7:24	2.9	12:49	1.0	1:16	0.6	5:22	8:25	
5	Sat	7:27	2.8	8:07	3.0	1:52	1.0	2:06	0.6	5:21	8:26	
6	Sun	8:14	2.7	8:52	3.1	2:52	1.0	2:54	0.6	5:21	8:27	
7	Mon	9:07	2.7	9:40	3.2	3:46	0.8	3:41	0.5	5:21	8:27	
8	Tue	10:05	2.7	10:27	3.4	4:36	0.6	4:26	0.5	5:21	8:28	
9	Wed	10:59	2.8	11:11	3.6	5:25	0.4	5:12	0.4	5:20	8:29	
10	Thu	11:47	2.9	11:53	3.8	6:12	0.3	5:58	0.3	5:20	8:29	
11	Fri			12:32	3.0	7:01	0.1	6:47	0.2	5:20	8:30	
12	Sat	12:35	3.9	1:17	3.1	7:49	-0.1	7:38	0.1	5:20	8:30	
13	Sun	1:20	4.0	2:06	3.1	8:37	-0.2	8:29	0.0	5:20	8:31	
14	Mon	2:08	4.0	2:58	3.2	9:23	-0.3	9:19	0.0	5:20	8:31	
15	Tue	3:01	3.9	3:56	3.3	10:09	-0.3	10:10	0.0	5:20	8:31	
16	Wed	3:58	3.8	4:55	3.4	10:57	-0.3	11:04	0.1	5:20	8:32	
17	Thu	4:59	3.7	5:53	3.5	11:49	-0.2			5:20	8:32	
18	Fri	5:59	3.5	6:48	3.6	12:06	0.3	12:45	-0.1	5:20	8:33	
19	Sat	6:56	3.3	7:41	3.6	1:14	0.4	1:44	0.0	5:20	8:33	
20	Sun	7:52	3.2	8:37	3.7	2:22	0.4	2:42	0.1	5:21	8:33	
21	Mon	8:53	3.0	9:35	3.7	3:25	0.3	3:38	0.1	5:21	8:33	
22	Tue	9:58	3.0	10:32	3.7	4:24	0.2	4:31	0.1	5:21	8:34	
23	Wed	10:59	3.0	11:25	3.8	5:18	0.2	5:22	0.2	5:21	8:34	
24	Thu	11:53	3.0			6:10	0.1	6:12	0.2	5:22	8:34	
25	Fri	12:12	3.8	12:42	3.0	6:59	0.0	7:01	0.3	5:22	8:34	
26	Sat	12:56	3.8	1:28	3.0	7:46	0.0	7:48	0.3	5:22	8:34	
27	Sun	1:39	3.7	2:13	3.0	8:31	0.0	8:32	0.4	5:23	8:34	
28	Mon	2:21	3.6	2:59	3.0	9:12	0.0	9:14	0.5	5:23	8:34	
29	Tue	3:04	3.5	3:45	3.0	9:50	0.1	9:54	0.6	5:24	8:34	
30	Wed	3:48	3.4	4:32	3.0	10:26	0.2	10:33	0.7	5:24	8:34	