

Poughkeepsie, NY - Nov 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:45	3.3	8:59	3.4	3:06	0.2	3:26	0.4	7:27	5:50	
2	Tue	9:47	3.5	10:05	3.4	4:01	0.0	4:27	0.2	7:29	5:49	
3	Wed	10:45	3.8	11:05	3.5	4:52	-0.1	5:23	-0.1	7:30	5:48	
4	Thu	11:37	4.1	11:57	3.6	5:41	-0.3	6:16	-0.2	7:31	5:47	
5	Fri			12:25	4.2	6:30	-0.3	7:08	-0.3	7:32	5:45	
6	Sat	12:47	3.6	1:11	4.2	7:20	-0.3	8:00	-0.4	7:34	5:44	
7	Sun	1:36	3.5	12:58	4.1	7:08	-0.2	7:49	-0.3	6:35	4:43	
8	Mon	1:26	3.4	1:46	4.0	7:55	-0.1	8:36	-0.2	6:36	4:42	
9	Tue	2:19	3.2	2:37	3.7	8:41	0.1	9:23	0.0	6:37	4:41	
10	Wed	3:16	3.0	3:32	3.5	9:27	0.4	10:11	0.2	6:38	4:40	
11	Thu	4:14	2.9	4:27	3.3	10:16	0.6	11:04	0.4	6:40	4:39	
12	Fri	5:09	2.8	5:21	3.1	11:12	0.8			6:41	4:38	
13	Sat	6:01	2.8	6:12	3.0	12:00	0.5	12:17	0.9	6:42	4:37	
14	Sun	6:51	2.8	7:02	2.9	12:57	0.6	1:21	0.9	6:43	4:36	
15	Mon	7:41	2.8	7:55	2.8	1:49	0.6	2:18	0.9	6:45	4:35	
16	Tue	8:32	3.0	8:49	2.8	2:35	0.5	3:10	0.7	6:46	4:34	
17	Wed	9:21	3.1	9:40	2.8	3:18	0.4	3:57	0.6	6:47	4:34	
18	Thu	10:04	3.3	10:25	2.9	3:59	0.4	4:41	0.4	6:48	4:33	
19	Fri	10:42	3.4	11:06	2.9	4:39	0.3	5:25	0.3	6:49	4:32	
20	Sat	11:16	3.5	11:44	3.0	5:19	0.2	6:09	0.1	6:50	4:31	
21	Sun	11:48	3.6			5:59	0.2	6:52	0.0	6:52	4:31	
22	Mon	12:21	3.0	12:21	3.7	6:41	0.1	7:35	0.0	6:53	4:30	
23	Tue	12:59	2.9	12:57	3.7	7:23	0.1	8:18	-0.1	6:54	4:29	
24	Wed	1:42	2.9	1:40	3.7	8:05	0.1	9:01	-0.1	6:55	4:29	
25	Thu	2:32	2.9	2:30	3.6	8:49	0.1	9:46	0.0	6:56	4:28	
26	Fri	3:30	2.9	3:29	3.5	9:37	0.2	10:36	0.1	6:57	4:28	
27	Sat	4:31	2.9	4:33	3.4	10:35	0.3	11:34	0.1	6:59	4:27	
28	Sun	5:30	3.1	5:35	3.3	11:47	0.4			7:00	4:27	
29	Mon	6:26	3.2	6:35	3.2	12:37	0.1	1:02	0.4	7:01	4:26	
30	Tue	7:24	3.3	7:38	3.1	1:37	0.0	2:10	0.2	7:02	4:26	