

Poughkeepsie, NY - Jun 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:39	3.6	1:16	2.9	7:40	0.1	7:27	0.3	5:23	8:23	
2	Thu	1:12	3.7	1:55	2.9	8:23	0.0	8:10	0.3	5:23	8:24	
3	Fri	1:45	3.7	2:36	2.9	9:04	0.0	8:52	0.3	5:22	8:25	
4	Sat	2:23	3.7	3:21	3.0	9:44	0.0	9:33	0.3	5:22	8:25	
5	Sun	3:06	3.6	4:10	3.0	10:25	0.0	10:17	0.3	5:22	8:26	
6	Mon	3:57	3.6	5:04	3.1	11:08	0.0	11:07	0.4	5:21	8:27	
7	Tue	4:54	3.5	5:58	3.2	11:57	0.1			5:21	8:27	
8	Wed	5:54	3.4	6:51	3.4	12:08	0.5	12:53	0.1	5:21	8:28	
9	Thu	6:52	3.3	7:44	3.5	1:20	0.5	1:53	0.1	5:20	8:28	
10	Fri	7:52	3.2	8:42	3.6	2:31	0.4	2:52	0.1	5:20	8:29	
11	Sat	8:57	3.1	9:43	3.8	3:36	0.3	3:50	0.0	5:20	8:30	
12	Sun	10:06	3.1	10:43	3.9	4:36	0.1	4:45	-0.1	5:20	8:30	
13	Mon	11:10	3.2	11:38	4.0	5:32	-0.1	5:39	-0.1	5:20	8:31	
14	Tue			12:07	3.2	6:27	-0.2	6:32	-0.1	5:20	8:31	
15	Wed	12:29	4.1	12:59	3.3	7:20	-0.3	7:25	-0.1	5:20	8:31	
16	Thu	1:18	4.1	1:51	3.3	8:10	-0.3	8:17	0.0	5:20	8:32	
17	Fri	2:06	4.0	2:43	3.3	8:58	-0.3	9:05	0.1	5:20	8:32	
18	Sat	2:56	3.8	3:36	3.2	9:43	-0.2	9:51	0.3	5:20	8:32	
19	Sun	3:46	3.6	4:29	3.1	10:27	-0.1	10:37	0.5	5:20	8:33	
20	Mon	4:37	3.4	5:20	3.1	11:10	0.1	11:25	0.6	5:21	8:33	
21	Tue	5:27	3.2	6:08	3.1	11:54	0.3			5:21	8:33	
22	Wed	6:15	3.1	6:53	3.1	12:18	0.8	12:41	0.4	5:21	8:33	
23	Thu	7:01	2.9	7:37	3.1	1:18	0.9	1:29	0.5	5:21	8:34	
24	Fri	7:47	2.8	8:21	3.1	2:18	0.9	2:19	0.6	5:22	8:34	
25	Sat	8:37	2.7	9:09	3.2	3:14	0.9	3:07	0.6	5:22	8:34	
26	Sun	9:34	2.6	10:00	3.2	4:06	0.8	3:55	0.6	5:22	8:34	
27	Mon	10:31	2.6	10:48	3.4	4:55	0.6	4:41	0.6	5:23	8:34	
28	Tue	11:22	2.7	11:31	3.5	5:42	0.5	5:27	0.5	5:23	8:34	
29	Wed			12:07	2.8	6:28	0.3	6:13	0.4	5:23	8:34	
30	Thu	12:10	3.6	12:49	2.9	7:13	0.1	7:00	0.3	5:24	8:34	