

Poughkeepsie, NY - Jul 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:48	3.8	1:31	3.0	7:58	0.0	7:48	0.2	5:24	8:34	
2	Sat	1:27	3.8	2:13	3.1	8:41	-0.1	8:35	0.2	5:25	8:34	
3	Sun	2:09	3.8	2:59	3.2	9:23	-0.2	9:21	0.1	5:25	8:33	
4	Mon	2:56	3.8	3:50	3.3	10:04	-0.2	10:08	0.1	5:26	8:33	
5	Tue	3:47	3.7	4:44	3.4	10:47	-0.2	10:59	0.2	5:27	8:33	
6	Wed	4:43	3.6	5:38	3.5	11:34	-0.1	11:58	0.3	5:27	8:33	
7	Thu	5:42	3.4	6:32	3.6			12:27	0.0	5:28	8:32	
8	Fri	6:40	3.3	7:26	3.7	1:05	0.4	1:26	0.1	5:29	8:32	
9	Sat	7:38	3.1	8:23	3.7	2:15	0.4	2:28	0.1	5:29	8:32	
10	Sun	8:42	3.0	9:24	3.8	3:20	0.3	3:29	0.1	5:30	8:31	
11	Mon	9:51	3.0	10:27	3.8	4:21	0.2	4:27	0.1	5:31	8:31	
12	Tue	10:57	3.0	11:24	3.9	5:17	0.1	5:22	0.1	5:31	8:30	
13	Wed	11:54	3.1			6:10	0.0	6:16	0.1	5:32	8:30	
14	Thu	12:15	3.9	12:46	3.2	7:02	-0.1	7:08	0.1	5:33	8:29	
15	Fri	1:02	3.9	1:34	3.3	7:50	-0.2	7:58	0.2	5:34	8:29	
16	Sat	1:48	3.9	2:21	3.3	8:36	-0.2	8:44	0.2	5:35	8:28	
17	Sun	2:32	3.8	3:08	3.3	9:18	-0.1	9:28	0.3	5:35	8:27	
18	Mon	3:17	3.6	3:55	3.2	9:57	0.0	10:10	0.4	5:36	8:27	
19	Tue	4:03	3.4	4:41	3.2	10:34	0.1	10:52	0.6	5:37	8:26	
20	Wed	4:49	3.2	5:27	3.2	11:10	0.3	11:37	0.8	5:38	8:25	
21	Thu	5:35	3.0	6:10	3.1	11:47	0.5			5:39	8:24	
22	Fri	6:20	2.9	6:51	3.1	12:29	0.9	12:28	0.6	5:40	8:24	
23	Sat	7:05	2.7	7:31	3.1	1:30	1.0	1:17	0.7	5:41	8:23	
24	Sun	7:52	2.6	8:15	3.1	2:31	1.0	2:13	0.8	5:42	8:22	
25	Mon	8:47	2.6	9:07	3.2	3:29	0.9	3:10	0.8	5:43	8:21	
26	Tue	9:49	2.6	10:04	3.3	4:21	0.7	4:04	0.7	5:44	8:20	
27	Wed	10:48	2.7	10:57	3.5	5:10	0.6	4:55	0.6	5:44	8:19	
28	Thu	11:37	2.9	11:43	3.7	5:58	0.4	5:46	0.4	5:45	8:18	
29	Fri			12:22	3.1	6:44	0.1	6:36	0.3	5:46	8:17	
30	Sat	12:26	3.9	1:04	3.3	7:30	0.0	7:27	0.1	5:47	8:16	
31	Sun	1:09	4.0	1:48	3.5	8:14	-0.2	8:17	0.0	5:48	8:15	