

Poughkeepsie, NY - Aug 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:53	4.0	2:35	3.6	8:57	-0.3	9:06	-0.1	5:49	8:14	
2	Tue	2:41	3.9	3:25	3.7	9:40	-0.3	9:55	-0.1	5:50	8:13	
3	Wed	3:33	3.8	4:19	3.8	10:23	-0.3	10:46	0.0	5:51	8:12	
4	Thu	4:29	3.6	5:15	3.8	11:10	-0.2	11:43	0.2	5:52	8:10	
5	Fri	5:29	3.4	6:12	3.8			12:02	0.0	5:53	8:09	
6	Sat	6:28	3.2	7:08	3.8	12:48	0.3	1:03	0.2	5:54	8:08	
7	Sun	7:28	3.1	8:06	3.7	1:58	0.4	2:09	0.3	5:55	8:07	
8	Mon	8:32	3.0	9:09	3.7	3:04	0.4	3:13	0.4	5:56	8:05	
9	Tue	9:40	3.0	10:13	3.7	4:05	0.3	4:13	0.4	5:57	8:04	
10	Wed	10:46	3.0	11:11	3.7	5:01	0.2	5:09	0.3	5:58	8:03	
11	Thu	11:41	3.2			5:52	0.1	6:01	0.3	5:59	8:01	
12	Fri	12:00	3.8	12:29	3.3	6:40	0.0	6:50	0.3	6:00	8:00	
13	Sat	12:45	3.8	1:13	3.4	7:26	0.0	7:37	0.3	6:02	7:59	
14	Sun	1:26	3.8	1:54	3.4	8:08	0.0	8:22	0.3	6:03	7:57	
15	Mon	2:07	3.7	2:35	3.4	8:47	0.0	9:03	0.3	6:04	7:56	
16	Tue	2:47	3.5	3:15	3.4	9:23	0.1	9:42	0.4	6:05	7:54	
17	Wed	3:28	3.4	3:56	3.3	9:56	0.2	10:21	0.6	6:06	7:53	
18	Thu	4:10	3.2	4:37	3.3	10:28	0.4	10:59	0.7	6:07	7:52	
19	Fri	4:54	3.0	5:17	3.2	10:57	0.5	11:43	0.9	6:08	7:50	
20	Sat	5:39	2.8	5:57	3.2	11:28	0.7			6:09	7:49	
21	Sun	6:25	2.7	6:38	3.1	12:38	1.0	12:09	0.8	6:10	7:47	
22	Mon	7:13	2.6	7:22	3.2	1:45	1.0	1:10	0.9	6:11	7:46	
23	Tue	8:06	2.6	8:15	3.2	2:50	1.0	2:25	0.9	6:12	7:44	
24	Wed	9:08	2.7	9:18	3.3	3:47	0.8	3:31	0.8	6:13	7:42	
25	Thu	10:12	2.8	10:22	3.5	4:38	0.6	4:28	0.6	6:14	7:41	
26	Fri	11:06	3.1	11:15	3.7	5:26	0.4	5:22	0.4	6:15	7:39	
27	Sat	11:53	3.4			6:12	0.1	6:14	0.2	6:16	7:38	
28	Sun	12:03	3.9	12:37	3.6	6:58	-0.1	7:07	0.0	6:17	7:36	
29	Mon	12:48	4.1	1:22	3.9	7:44	-0.3	7:59	-0.2	6:18	7:34	
30	Tue	1:35	4.1	2:09	4.0	8:29	-0.4	8:49	-0.3	6:19	7:33	
31	Wed	2:23	4.0	2:59	4.1	9:14	-0.4	9:39	-0.2	6:20	7:31	