

Poughkeepsie, NY - Mar 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:03	2.6	6:52	2.3			1:24	0.6	6:29	5:46	
2	Fri	6:55	2.6	7:52	2.3	1:08	0.6	2:25	0.5	6:27	5:47	
3	Sat	8:00	2.7	8:56	2.4	2:18	0.6	3:19	0.4	6:26	5:48	
4	Sun	9:08	2.9	9:52	2.6	3:16	0.4	4:07	0.2	6:24	5:50	
5	Mon	10:03	3.1	10:38	2.9	4:09	0.2	4:53	-0.1	6:22	5:51	
6	Tue	10:50	3.3	11:20	3.2	4:59	-0.1	5:38	-0.3	6:21	5:52	
7	Wed	11:33	3.5			5:49	-0.3	6:22	-0.5	6:19	5:53	
8	Thu	12:01	3.5	12:16	3.6	6:38	-0.5	7:06	-0.6	6:17	5:54	
9	Fri	12:43	3.7	1:01	3.6	7:27	-0.7	7:49	-0.7	6:16	5:55	
10	Sat	1:28	3.8	1:49	3.5	8:15	-0.7	8:33	-0.6	6:14	5:57	
11	Sun	3:17	3.8	3:42	3.3	10:03	-0.6	10:18	-0.5	7:12	6:58	
12	Mon	4:12	3.7	4:40	3.2	10:54	-0.5	11:07	-0.3	7:11	6:59	
13	Tue	5:11	3.6	5:43	3.0	11:52	-0.2			7:09	7:00	
14	Wed	6:12	3.4	6:45	2.9	12:06	-0.1	12:59	0.0	7:07	7:01	
15	Thu	7:14	3.3	7:48	2.8	1:16	0.1	2:08	0.1	7:06	7:02	
16	Fri	8:17	3.1	8:55	2.8	2:27	0.2	3:14	0.1	7:04	7:03	
17	Sat	9:24	3.1	10:02	2.8	3:33	0.2	4:12	0.0	7:02	7:04	
18	Sun	10:28	3.1	11:00	3.0	4:32	0.1	5:05	-0.1	7:01	7:06	
19	Mon	11:22	3.2	11:49	3.2	5:26	0.0	5:52	-0.2	6:59	7:07	
20	Tue			12:09	3.3	6:15	-0.1	6:37	-0.2	6:57	7:08	
21	Wed	12:32	3.3	12:50	3.3	7:01	-0.2	7:19	-0.2	6:56	7:09	
22	Thu	1:10	3.4	1:30	3.3	7:45	-0.2	7:58	-0.2	6:54	7:10	
23	Fri	1:47	3.4	2:09	3.2	8:26	-0.2	8:35	-0.2	6:52	7:11	
24	Sat	2:22	3.4	2:47	3.1	9:05	-0.2	9:09	-0.1	6:50	7:12	
25	Sun	2:57	3.3	3:27	2.9	9:42	0.0	9:41	0.1	6:49	7:13	
26	Mon	3:31	3.2	4:09	2.8	10:18	0.1	10:11	0.2	6:47	7:14	
27	Tue	4:04	3.1	4:53	2.6	10:54	0.3	10:39	0.4	6:45	7:16	
28	Wed	4:40	3.0	5:39	2.5	11:33	0.4	11:12	0.6	6:44	7:17	
29	Thu	5:21	2.9	6:27	2.5			12:25	0.6	6:42	7:18	
30	Fri	6:09	2.8	7:16	2.4			1:34	0.6	6:40	7:19	
31	Sat	7:03	2.8	8:09	2.5	1:13	0.8	2:40	0.6	6:39	7:20	