

Poughkeepsie, NY - Mar 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:28	3.4	2:45	3.1	9:14	-0.3	9:27	-0.3	6:29	5:46	
2	Sat	3:17	3.4	3:38	3.0	10:01	-0.2	10:10	-0.2	6:28	5:47	
3	Sun	4:12	3.3	4:38	2.9	10:58	0.0	11:07	0.0	6:26	5:48	
4	Mon	5:12	3.3	5:42	2.8			12:08	0.1	6:24	5:49	
5	Tue	6:15	3.2	6:48	2.7	12:21	0.1	1:21	0.1	6:23	5:50	
6	Wed	7:22	3.2	8:00	2.8	1:37	0.1	2:28	0.0	6:21	5:52	
7	Thu	8:34	3.2	9:11	2.9	2:45	0.0	3:28	-0.2	6:20	5:53	
8	Fri	9:41	3.3	10:13	3.1	3:46	-0.1	4:22	-0.3	6:18	5:54	
9	Sat	10:38	3.5	11:05	3.3	4:42	-0.3	5:13	-0.5	6:16	5:55	
10	Sun			12:27	3.6	6:35	-0.4	7:02	-0.6	7:15	6:56	
11	Mon	12:52	3.5	1:13	3.6	7:25	-0.5	7:48	-0.6	7:13	6:57	
12	Tue	1:36	3.6	1:57	3.5	8:13	-0.5	8:31	-0.6	7:11	6:59	
13	Wed	2:19	3.6	2:41	3.4	8:57	-0.5	9:11	-0.4	7:10	7:00	
14	Thu	3:01	3.5	3:26	3.2	9:40	-0.3	9:49	-0.2	7:08	7:01	
15	Fri	3:43	3.3	4:13	3.0	10:21	-0.2	10:26	0.0	7:06	7:02	
16	Sat	4:27	3.2	5:01	2.8	11:03	0.1	11:02	0.2	7:04	7:03	
17	Sun	5:12	3.0	5:51	2.6	11:49	0.3	11:41	0.5	7:03	7:04	
18	Mon	5:59	2.9	6:40	2.5			12:44	0.5	7:01	7:05	
19	Tue	6:47	2.7	7:31	2.4	12:32	0.6	1:47	0.6	6:59	7:06	
20	Wed	7:37	2.7	8:25	2.4	1:41	0.7	2:48	0.6	6:58	7:08	
21	Thu	8:34	2.6	9:25	2.5	2:48	0.7	3:43	0.5	6:56	7:09	
22	Fri	9:37	2.7	10:22	2.6	3:47	0.6	4:32	0.4	6:54	7:10	
23	Sat	10:35	2.8	11:10	2.9	4:39	0.4	5:17	0.2	6:53	7:11	
24	Sun	11:22	3.0	11:51	3.1	5:27	0.2	5:59	0.0	6:51	7:12	
25	Mon			12:03	3.2	6:14	0.0	6:41	-0.1	6:49	7:13	
26	Tue	12:28	3.3	12:41	3.3	7:00	-0.2	7:23	-0.2	6:47	7:14	
27	Wed	1:04	3.5	1:19	3.4	7:46	-0.4	8:04	-0.3	6:46	7:15	
28	Thu	1:41	3.7	2:00	3.4	8:31	-0.5	8:45	-0.4	6:44	7:16	
29	Fri	2:21	3.8	2:45	3.3	9:16	-0.5	9:27	-0.4	6:42	7:17	
30	Sat	3:07	3.8	3:36	3.2	10:02	-0.4	10:11	-0.3	6:41	7:19	
31	Sun	4:00	3.7	4:34	3.1	10:52	-0.3	10:59	-0.1	6:39	7:20	