

Poughkeepsie, NY - Jun 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:32	3.3	8:12	3.4	1:50	0.4	2:15	0.0	5:23	8:23	
2	Sun	8:28	3.2	9:07	3.4	2:54	0.4	3:10	0.1	5:22	8:24	
3	Mon	9:26	3.0	10:02	3.5	3:52	0.4	4:01	0.2	5:22	8:25	
4	Tue	10:24	3.0	10:53	3.5	4:45	0.3	4:49	0.2	5:22	8:26	
5	Wed	11:17	3.0	11:38	3.6	5:34	0.2	5:33	0.2	5:21	8:26	
6	Thu			12:03	3.0	6:21	0.2	6:17	0.3	5:21	8:27	
7	Fri	12:19	3.6	12:47	3.0	7:06	0.1	7:00	0.3	5:21	8:28	
8	Sat	12:57	3.6	1:29	3.0	7:49	0.1	7:42	0.3	5:21	8:28	
9	Sun	1:34	3.6	2:11	3.0	8:31	0.1	8:23	0.4	5:20	8:29	
10	Mon	2:10	3.5	2:54	3.0	9:10	0.1	9:02	0.4	5:20	8:29	
11	Tue	2:45	3.4	3:38	2.9	9:47	0.1	9:38	0.5	5:20	8:30	
12	Wed	3:19	3.3	4:23	2.9	10:23	0.2	10:14	0.6	5:20	8:30	
13	Thu	3:54	3.2	5:08	2.9	10:58	0.3	10:50	0.7	5:20	8:31	
14	Fri	4:33	3.1	5:49	2.9	11:34	0.4	11:33	0.8	5:20	8:31	
15	Sat	5:18	3.1	6:28	3.0			12:15	0.4	5:20	8:32	
16	Sun	6:07	3.0	7:09	3.1	12:31	0.8	1:05	0.5	5:20	8:32	
17	Mon	6:59	3.0	7:55	3.3	1:43	0.8	2:03	0.4	5:20	8:32	
18	Tue	7:56	2.9	8:49	3.5	2:52	0.7	3:02	0.4	5:20	8:33	
19	Wed	9:02	3.0	9:49	3.7	3:54	0.4	3:59	0.2	5:20	8:33	
20	Thu	10:13	3.0	10:49	3.9	4:52	0.2	4:55	0.1	5:21	8:33	
21	Fri	11:17	3.2	11:44	4.1	5:47	-0.1	5:50	-0.1	5:21	8:33	
22	Sat			12:14	3.3	6:42	-0.3	6:46	-0.2	5:21	8:34	
23	Sun	12:37	4.3	1:10	3.5	7:36	-0.5	7:43	-0.3	5:21	8:34	
24	Mon	1:30	4.3	2:06	3.6	8:28	-0.6	8:38	-0.3	5:22	8:34	
25	Tue	2:25	4.3	3:04	3.6	9:19	-0.6	9:31	-0.2	5:22	8:34	
26	Wed	3:21	4.1	4:04	3.6	10:08	-0.6	10:24	-0.1	5:22	8:34	
27	Thu	4:20	3.9	5:03	3.6	10:58	-0.4	11:19	0.1	5:23	8:34	
28	Fri	5:18	3.7	6:00	3.6	11:50	-0.2			5:23	8:34	
29	Sat	6:14	3.5	6:52	3.5	12:19	0.3	12:45	0.0	5:24	8:34	
30	Sun	7:07	3.3	7:43	3.5	1:23	0.5	1:41	0.1	5:24	8:34	