

Poughkeepsie, NY - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:59	3.1	8:34	3.4	2:26	0.5	2:36	0.3	5:25	8:34	
2	Tue	8:54	2.9	9:28	3.4	3:25	0.5	3:28	0.4	5:25	8:34	
3	Wed	9:52	2.8	10:21	3.4	4:19	0.5	4:17	0.4	5:26	8:33	
4	Thu	10:48	2.8	11:10	3.5	5:08	0.4	5:03	0.4	5:26	8:33	
5	Fri	11:38	2.9	11:54	3.5	5:55	0.3	5:48	0.4	5:27	8:33	
6	Sat			12:23	3.0	6:40	0.3	6:32	0.4	5:28	8:33	
7	Sun	12:34	3.6	1:05	3.0	7:23	0.2	7:16	0.4	5:28	8:32	
8	Mon	1:11	3.6	1:46	3.1	8:05	0.1	7:58	0.4	5:29	8:32	
9	Tue	1:46	3.6	2:27	3.1	8:44	0.1	8:39	0.4	5:30	8:31	
10	Wed	2:20	3.5	3:07	3.1	9:20	0.1	9:17	0.5	5:30	8:31	
11	Thu	2:51	3.4	3:47	3.0	9:55	0.1	9:53	0.5	5:31	8:31	
12	Fri	3:23	3.3	4:26	3.1	10:28	0.2	10:29	0.6	5:32	8:30	
13	Sat	4:00	3.2	5:05	3.1	10:59	0.3	11:09	0.6	5:33	8:29	
14	Sun	4:45	3.2	5:47	3.2	11:34	0.3			5:33	8:29	
15	Mon	5:36	3.1	6:31	3.3	12:01	0.7	12:18	0.4	5:34	8:28	
16	Tue	6:31	3.0	7:21	3.5	1:10	0.7	1:18	0.4	5:35	8:28	
17	Wed	7:30	3.0	8:17	3.6	2:24	0.6	2:27	0.4	5:36	8:27	
18	Thu	8:36	3.0	9:22	3.7	3:31	0.5	3:33	0.3	5:37	8:26	
19	Fri	9:51	3.0	10:29	3.9	4:31	0.2	4:34	0.1	5:38	8:26	
20	Sat	11:01	3.2	11:29	4.1	5:28	0.0	5:33	0.0	5:39	8:25	
21	Sun			12:00	3.4	6:23	-0.2	6:31	-0.2	5:39	8:24	
22	Mon	12:24	4.3	12:56	3.6	7:17	-0.4	7:28	-0.3	5:40	8:23	
23	Tue	1:17	4.3	1:50	3.7	8:09	-0.6	8:22	-0.3	5:41	8:22	
24	Wed	2:09	4.2	2:44	3.8	8:58	-0.6	9:15	-0.2	5:42	8:21	
25	Thu	3:02	4.1	3:40	3.7	9:45	-0.5	10:05	-0.1	5:43	8:20	
26	Fri	3:57	3.9	4:35	3.7	10:32	-0.4	10:57	0.1	5:44	8:19	
27	Sat	4:52	3.7	5:30	3.6	11:19	-0.2	11:52	0.3	5:45	8:19	
28	Sun	5:46	3.4	6:21	3.5			12:09	0.1	5:46	8:18	
29	Mon	6:39	3.2	7:10	3.4	12:51	0.5	1:03	0.3	5:47	8:16	
30	Tue	7:30	3.0	7:59	3.3	1:54	0.7	1:58	0.5	5:48	8:15	
31	Wed	8:23	2.8	8:52	3.3	2:54	0.7	2:53	0.6	5:49	8:14	