

Poughkeepsie, NY - Mar 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:05	3.6	12:29	3.8	6:42	-0.8	7:09	-0.9	6:30	5:45	
2	Sun	12:54	3.7	1:18	3.8	7:33	-0.8	7:56	-0.9	6:28	5:47	
3	Mon	1:44	3.7	2:08	3.6	8:22	-0.8	8:41	-0.8	6:26	5:48	
4	Tue	2:33	3.6	3:00	3.4	9:09	-0.6	9:25	-0.5	6:25	5:49	
5	Wed	3:24	3.4	3:53	3.2	9:58	-0.3	10:10	-0.2	6:23	5:50	
6	Thu	4:16	3.3	4:47	2.9	10:50	0.0	10:58	0.1	6:22	5:51	
7	Fri	5:08	3.1	5:40	2.7	11:48	0.2	11:54	0.3	6:20	5:53	
8	Sat	5:59	2.9	6:32	2.6			12:51	0.4	6:18	5:54	
9	Sun	7:52	2.8	8:28	2.5	12:56	0.5	2:53	0.4	7:17	6:55	
10	Mon	8:49	2.7	9:28	2.5	2:57	0.6	3:49	0.4	7:15	6:56	
11	Tue	9:51	2.7	10:26	2.6	3:53	0.5	4:38	0.3	7:13	6:57	
12	Wed	10:47	2.8	11:16	2.8	4:44	0.4	5:24	0.2	7:12	6:58	
13	Thu	11:34	2.9	11:59	2.9	5:31	0.3	6:06	0.1	7:10	6:59	
14	Fri			12:14	3.1	6:15	0.1	6:47	0.0	7:08	7:01	
15	Sat	12:38	3.1	12:51	3.1	6:58	0.0	7:26	-0.1	7:07	7:02	
16	Sun	1:13	3.2	1:24	3.2	7:40	-0.1	8:03	-0.2	7:05	7:03	
17	Mon	1:46	3.3	1:56	3.2	8:21	-0.2	8:39	-0.2	7:03	7:04	
18	Tue	2:16	3.3	2:27	3.1	8:59	-0.2	9:13	-0.2	7:01	7:05	
19	Wed	2:47	3.3	3:02	3.1	9:37	-0.2	9:46	-0.1	7:00	7:06	
20	Thu	3:22	3.4	3:43	3.0	10:16	-0.1	10:19	0.0	6:58	7:07	
21	Fri	4:06	3.3	4:33	2.9	10:58	0.0	10:59	0.1	6:56	7:08	
22	Sat	4:58	3.3	5:32	2.8	11:52	0.1	11:52	0.2	6:55	7:09	
23	Sun	5:59	3.3	6:35	2.8			1:01	0.2	6:53	7:11	
24	Mon	7:03	3.2	7:41	2.8	1:10	0.3	2:14	0.2	6:51	7:12	
25	Tue	8:10	3.2	8:51	2.9	2:32	0.3	3:21	0.1	6:50	7:13	
26	Wed	9:23	3.3	10:03	3.1	3:42	0.1	4:20	-0.1	6:48	7:14	
27	Thu	10:32	3.4	11:05	3.4	4:43	-0.1	5:15	-0.3	6:46	7:15	
28	Fri	11:30	3.6	11:58	3.6	5:40	-0.3	6:06	-0.5	6:44	7:16	
29	Sat			12:22	3.7	6:34	-0.5	6:56	-0.6	6:43	7:17	
30	Sun	12:46	3.8	1:10	3.7	7:26	-0.6	7:44	-0.7	6:41	7:18	
31	Mon	1:33	3.9	1:58	3.7	8:15	-0.6	8:30	-0.6	6:39	7:19	