

Poughkeepsie, NY - Jul 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:45	3.3	4:40	3.0	10:34	0.2	10:33	0.6	5:25	8:34	
2	Wed	4:24	3.2	5:25	3.0	11:09	0.3	11:11	0.8	5:25	8:34	
3	Thu	5:04	3.0	6:06	3.0	11:45	0.4	11:57	0.9	5:26	8:33	
4	Fri	5:45	2.9	6:44	3.0			12:25	0.5	5:26	8:33	
5	Sat	6:27	2.9	7:22	3.1	12:57	0.9	1:14	0.6	5:27	8:33	
6	Sun	7:14	2.8	8:05	3.2	2:04	0.9	2:11	0.6	5:27	8:33	
7	Mon	8:08	2.8	8:57	3.4	3:07	0.7	3:08	0.5	5:28	8:32	
8	Tue	9:13	2.8	9:56	3.6	4:05	0.5	4:04	0.4	5:29	8:32	
9	Wed	10:22	2.9	10:53	3.8	5:00	0.3	4:59	0.2	5:29	8:32	
10	Thu	11:23	3.1	11:46	4.0	5:52	0.1	5:53	0.1	5:30	8:31	
11	Fri			12:17	3.3	6:45	-0.2	6:48	-0.1	5:31	8:31	
12	Sat	12:37	4.2	1:09	3.5	7:37	-0.4	7:44	-0.2	5:32	8:30	
13	Sun	1:28	4.3	2:03	3.6	8:27	-0.5	8:38	-0.3	5:32	8:30	
14	Mon	2:21	4.2	2:59	3.7	9:16	-0.6	9:31	-0.3	5:33	8:29	
15	Tue	3:17	4.1	3:58	3.7	10:04	-0.6	10:24	-0.2	5:34	8:28	
16	Wed	4:16	3.9	4:57	3.7	10:54	-0.5	11:19	0.0	5:35	8:28	
17	Thu	5:15	3.8	5:55	3.7	11:46	-0.3			5:36	8:27	
18	Fri	6:12	3.5	6:49	3.7	12:21	0.2	12:42	-0.1	5:37	8:26	
19	Sat	7:07	3.3	7:43	3.6	1:26	0.4	1:41	0.1	5:37	8:26	
20	Sun	8:03	3.2	8:37	3.5	2:30	0.4	2:39	0.2	5:38	8:25	
21	Mon	9:01	3.0	9:35	3.5	3:31	0.4	3:35	0.3	5:39	8:24	
22	Tue	10:02	3.0	10:31	3.5	4:26	0.4	4:27	0.4	5:40	8:23	
23	Wed	10:59	3.0	11:21	3.6	5:17	0.3	5:15	0.4	5:41	8:22	
24	Thu	11:49	3.0			6:05	0.2	6:02	0.4	5:42	8:22	
25	Fri	12:05	3.6	12:34	3.1	6:50	0.2	6:47	0.4	5:43	8:21	
26	Sat	12:46	3.6	1:16	3.2	7:33	0.1	7:31	0.4	5:44	8:20	
27	Sun	1:24	3.6	1:57	3.2	8:14	0.1	8:13	0.4	5:45	8:19	
28	Mon	2:01	3.6	2:38	3.2	8:52	0.1	8:53	0.4	5:46	8:18	
29	Tue	2:37	3.5	3:19	3.2	9:28	0.1	9:31	0.5	5:47	8:17	
30	Wed	3:11	3.3	3:59	3.2	10:01	0.2	10:07	0.6	5:48	8:16	
31	Thu	3:44	3.2	4:38	3.1	10:32	0.3	10:42	0.7	5:49	8:15	