

Poughkeepsie, NY - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:46	2.7	5:50	2.6	11:57	0.6			7:22	4:35	
2	Sat	6:32	2.7	6:37	2.5	12:32	0.3	12:59	0.6	7:22	4:36	
3	Sun	7:20	2.7	7:28	2.4	1:24	0.4	1:59	0.6	7:22	4:37	
4	Mon	8:11	2.8	8:26	2.4	2:15	0.4	2:53	0.5	7:22	4:38	
5	Tue	9:04	2.9	9:24	2.4	3:03	0.3	3:43	0.3	7:22	4:39	
6	Wed	9:53	3.0	10:14	2.5	3:49	0.2	4:31	0.1	7:22	4:40	
7	Thu	10:36	3.2	10:58	2.6	4:34	0.1	5:17	-0.1	7:22	4:41	
8	Fri	11:15	3.4	11:38	2.8	5:18	0.0	6:02	-0.2	7:22	4:42	
9	Sat	11:53	3.5			6:03	-0.2	6:47	-0.4	7:22	4:43	
10	Sun	12:17	2.9	12:31	3.6	6:48	-0.3	7:31	-0.5	7:22	4:44	
11	Mon	12:58	2.9	1:12	3.6	7:34	-0.3	8:13	-0.6	7:21	4:45	
12	Tue	1:41	3.0	1:58	3.6	8:18	-0.4	8:55	-0.6	7:21	4:46	
13	Wed	2:31	3.0	2:49	3.5	9:04	-0.3	9:39	-0.6	7:21	4:47	
14	Thu	3:25	3.1	3:45	3.3	9:54	-0.2	10:27	-0.5	7:20	4:48	
15	Fri	4:23	3.1	4:44	3.2	10:52	-0.1	11:22	-0.4	7:20	4:49	
16	Sat	5:21	3.2	5:42	3.0			12:01	0.0	7:19	4:50	
17	Sun	6:18	3.2	6:42	2.9	12:24	-0.3	1:12	0.0	7:19	4:51	
18	Mon	7:19	3.2	7:46	2.8	1:28	-0.2	2:19	0.0	7:18	4:53	
19	Tue	8:24	3.2	8:55	2.8	2:30	-0.2	3:20	-0.1	7:18	4:54	
20	Wed	9:28	3.3	9:58	2.9	3:28	-0.3	4:17	-0.3	7:17	4:55	
21	Thu	10:26	3.4	10:53	3.0	4:22	-0.3	5:10	-0.4	7:17	4:56	
22	Fri	11:16	3.5	11:43	3.1	5:14	-0.4	6:00	-0.5	7:16	4:57	
23	Sat			12:01	3.5	6:04	-0.4	6:48	-0.6	7:15	4:59	
24	Sun	12:29	3.1	12:45	3.5	6:52	-0.4	7:32	-0.6	7:15	5:00	
25	Mon	1:15	3.1	1:27	3.4	7:37	-0.3	8:14	-0.5	7:14	5:01	
26	Tue	1:59	3.0	2:10	3.3	8:19	-0.3	8:53	-0.4	7:13	5:02	
27	Wed	2:44	3.0	2:53	3.1	8:59	-0.1	9:30	-0.2	7:12	5:04	
28	Thu	3:30	2.9	3:37	2.9	9:38	0.1	10:07	-0.1	7:11	5:05	
29	Fri	4:16	2.8	4:21	2.7	10:18	0.2	10:45	0.1	7:10	5:06	
30	Sat	5:00	2.7	5:05	2.5	11:05	0.4	11:28	0.3	7:09	5:07	
31	Sun	5:44	2.7	5:49	2.4			12:04	0.5	7:08	5:09	