

Poughkeepsie, NY - Mar 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:30	2.7	5:49	2.4			12:13	0.6	6:29	5:46	
2	Wed	6:15	2.7	6:40	2.3	12:05	0.6	1:24	0.6	6:27	5:47	
3	Thu	7:09	2.7	7:44	2.4	1:27	0.6	2:27	0.4	6:26	5:48	
4	Fri	8:15	2.9	8:55	2.5	2:34	0.5	3:23	0.2	6:24	5:50	
5	Sat	9:21	3.1	9:54	2.7	3:32	0.3	4:14	0.0	6:22	5:51	
6	Sun	10:17	3.3	10:44	3.0	4:25	0.0	5:03	-0.3	6:21	5:52	
7	Mon	11:06	3.6	11:30	3.3	5:17	-0.3	5:51	-0.5	6:19	5:53	
8	Tue	11:52	3.7			6:09	-0.5	6:38	-0.7	6:17	5:54	
9	Wed	12:15	3.6	12:39	3.8	7:00	-0.7	7:25	-0.8	6:16	5:55	
10	Thu	1:02	3.7	1:28	3.8	7:49	-0.8	8:10	-0.8	6:14	5:57	
11	Fri	1:51	3.8	2:21	3.6	8:39	-0.8	8:56	-0.8	6:12	5:58	
12	Sat	2:44	3.7	3:17	3.5	9:29	-0.6	9:44	-0.6	6:11	5:59	
13	Sun	4:42	3.6	5:17	3.3	11:23	-0.4	11:36	-0.3	7:09	7:00	
14	Mon	5:41	3.5	6:17	3.1			12:25	-0.2	7:07	7:01	
15	Tue	6:40	3.3	7:16	2.9	12:37	-0.1	1:32	0.0	7:06	7:02	
16	Wed	7:40	3.2	8:18	2.8	1:45	0.1	2:39	0.1	7:04	7:03	
17	Thu	8:43	3.1	9:22	2.8	2:52	0.2	3:41	0.1	7:02	7:04	
18	Fri	9:49	3.0	10:25	2.9	3:53	0.2	4:37	0.0	7:01	7:06	
19	Sat	10:50	3.1	11:18	3.0	4:48	0.1	5:27	-0.1	6:59	7:07	
20	Sun	11:40	3.2			5:39	0.1	6:12	-0.1	6:57	7:08	
21	Mon	12:04	3.2	12:23	3.2	6:25	0.0	6:55	-0.2	6:56	7:09	
22	Tue	12:45	3.3	1:02	3.3	7:10	-0.1	7:36	-0.2	6:54	7:10	
23	Wed	1:23	3.4	1:40	3.2	7:52	-0.2	8:14	-0.2	6:52	7:11	
24	Thu	2:00	3.4	2:16	3.2	8:32	-0.2	8:50	-0.1	6:50	7:12	
25	Fri	2:36	3.3	2:53	3.1	9:10	-0.1	9:23	0.0	6:49	7:13	
26	Sat	3:11	3.3	3:29	2.9	9:45	0.0	9:54	0.1	6:47	7:14	
27	Sun	3:45	3.2	4:05	2.8	10:20	0.1	10:21	0.3	6:45	7:16	
28	Mon	4:18	3.1	4:43	2.7	10:54	0.3	10:48	0.4	6:44	7:17	
29	Tue	4:53	3.0	5:26	2.6	11:32	0.4	11:20	0.6	6:42	7:18	
30	Wed	5:36	2.9	6:14	2.5			12:25	0.5	6:40	7:19	
31	Thu	6:26	2.9	7:07	2.5	12:09	0.7	1:38	0.5	6:38	7:20	