

Poughkeepsie, NY - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:16	3.4	6:33	-0.1	6:37	0.0	5:50	8:13	
2	Tue	12:34	4.0	1:06	3.5	7:23	-0.2	7:28	0.0	5:51	8:12	
3	Wed	1:21	4.0	1:54	3.5	8:11	-0.3	8:17	0.0	5:52	8:11	
4	Thu	2:06	3.9	2:41	3.5	8:55	-0.2	9:03	0.1	5:53	8:09	
5	Fri	2:51	3.7	3:28	3.5	9:37	-0.1	9:46	0.3	5:54	8:08	
6	Sat	3:37	3.6	4:16	3.4	10:17	0.0	10:28	0.4	5:55	8:07	
7	Sun	4:24	3.4	5:04	3.3	10:55	0.2	11:12	0.6	5:56	8:06	
8	Mon	5:11	3.2	5:50	3.3	11:35	0.4			5:57	8:04	
9	Tue	5:58	3.0	6:35	3.2	12:00	0.8	12:18	0.6	5:58	8:03	
10	Wed	6:44	2.8	7:19	3.2	12:56	0.9	1:08	0.8	5:59	8:02	
11	Thu	7:30	2.7	8:04	3.2	1:57	1.0	2:03	0.8	6:00	8:00	
12	Fri	8:21	2.7	8:55	3.2	2:57	0.9	2:59	0.8	6:01	7:59	
13	Sat	9:20	2.7	9:49	3.3	3:51	0.8	3:52	0.8	6:02	7:58	
14	Sun	10:20	2.8	10:42	3.4	4:41	0.6	4:42	0.7	6:03	7:56	
15	Mon	11:12	2.9	11:28	3.6	5:28	0.4	5:30	0.5	6:04	7:55	
16	Tue	11:56	3.1			6:14	0.2	6:17	0.4	6:05	7:53	
17	Wed	12:09	3.8	12:37	3.3	6:59	0.1	7:05	0.2	6:06	7:52	
18	Thu	12:50	3.9	1:17	3.5	7:43	-0.1	7:54	0.1	6:07	7:50	
19	Fri	1:31	4.0	1:59	3.6	8:27	-0.2	8:41	0.0	6:09	7:49	
20	Sat	2:16	4.0	2:45	3.7	9:10	-0.3	9:28	-0.1	6:10	7:47	
21	Sun	3:04	3.9	3:35	3.8	9:52	-0.3	10:17	0.0	6:11	7:46	
22	Mon	3:58	3.8	4:31	3.8	10:37	-0.2	11:10	0.1	6:12	7:44	
23	Tue	4:57	3.6	5:30	3.8	11:26	-0.1			6:13	7:43	
24	Wed	5:57	3.4	6:29	3.8	12:11	0.3	12:24	0.1	6:14	7:41	
25	Thu	6:57	3.3	7:27	3.7	1:20	0.4	1:29	0.3	6:15	7:40	
26	Fri	7:59	3.2	8:29	3.7	2:28	0.4	2:36	0.3	6:16	7:38	
27	Sat	9:04	3.2	9:34	3.7	3:32	0.3	3:38	0.3	6:17	7:36	
28	Sun	10:10	3.2	10:37	3.7	4:30	0.2	4:36	0.3	6:18	7:35	
29	Mon	11:09	3.4	11:31	3.8	5:23	0.1	5:30	0.2	6:19	7:33	
30	Tue			12:01	3.5	6:13	0.0	6:21	0.2	6:20	7:32	
31	Wed	12:18	3.8	12:47	3.6	7:00	-0.1	7:09	0.1	6:21	7:30	