

Poughkeepsie, NY - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:02	3.2	9:23	2.7	3:04	-0.2	3:41	0.0	7:22	4:35	
2	Wed	9:55	3.3	10:18	2.7	3:54	-0.1	4:33	-0.1	7:22	4:36	
3	Thu	10:43	3.4	11:06	2.8	4:41	-0.1	5:21	-0.2	7:22	4:37	
4	Fri	11:26	3.4	11:50	2.8	5:27	-0.1	6:07	-0.2	7:22	4:38	
5	Sat			12:06	3.4	6:11	-0.1	6:52	-0.3	7:22	4:39	
6	Sun	12:32	2.8	12:45	3.4	6:54	0.0	7:33	-0.3	7:22	4:40	
7	Mon	1:13	2.7	1:24	3.3	7:34	0.0	8:12	-0.2	7:22	4:41	
8	Tue	1:55	2.7	2:04	3.2	8:13	0.1	8:49	-0.2	7:22	4:42	
9	Wed	2:38	2.6	2:43	3.0	8:49	0.2	9:24	-0.1	7:22	4:43	
10	Thu	3:21	2.6	3:22	2.9	9:23	0.3	9:58	0.0	7:22	4:44	
11	Fri	4:04	2.5	4:03	2.8	9:57	0.4	10:33	0.1	7:21	4:45	
12	Sat	4:45	2.5	4:44	2.7	10:38	0.5	11:13	0.2	7:21	4:46	
13	Sun	5:23	2.5	5:27	2.6	11:36	0.6			7:21	4:47	
14	Mon	6:03	2.6	6:15	2.5	12:02	0.3	12:54	0.6	7:20	4:48	
15	Tue	6:48	2.7	7:11	2.5	1:01	0.3	2:03	0.5	7:20	4:49	
16	Wed	7:43	2.9	8:18	2.5	2:02	0.2	3:04	0.3	7:19	4:51	
17	Thu	8:46	3.1	9:27	2.6	2:59	0.1	4:00	0.0	7:19	4:52	
18	Fri	9:48	3.3	10:26	2.8	3:54	-0.1	4:53	-0.2	7:18	4:53	
19	Sat	10:43	3.6	11:18	3.0	4:48	-0.3	5:46	-0.5	7:18	4:54	
20	Sun	11:34	3.8			5:43	-0.5	6:37	-0.7	7:17	4:55	
21	Mon	12:09	3.1	12:25	3.9	6:37	-0.7	7:28	-0.8	7:16	4:57	
22	Tue	1:01	3.3	1:17	3.9	7:30	-0.7	8:16	-0.9	7:16	4:58	
23	Wed	1:56	3.3	2:11	3.8	8:22	-0.7	9:04	-0.9	7:15	4:59	
24	Thu	2:52	3.3	3:08	3.6	9:13	-0.6	9:52	-0.8	7:14	5:00	
25	Fri	3:50	3.3	4:06	3.4	10:07	-0.4	10:44	-0.6	7:14	5:02	
26	Sat	4:48	3.3	5:03	3.2	11:06	-0.2	11:40	-0.4	7:13	5:03	
27	Sun	5:43	3.2	5:59	2.9			12:11	0.0	7:12	5:04	
28	Mon	6:37	3.1	6:55	2.7	12:40	-0.2	1:18	0.1	7:11	5:05	
29	Tue	7:32	3.0	7:55	2.5	1:39	0.0	2:21	0.1	7:10	5:07	
30	Wed	8:31	3.0	8:59	2.5	2:36	0.1	3:19	0.1	7:09	5:08	
31	Thu	9:30	3.0	9:58	2.5	3:29	0.1	4:11	0.0	7:08	5:09	