

Poughkeepsie, NY - May 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:19	3.0	11:43	3.2	5:28	0.5	5:41	0.2	5:52	7:53	
2	Thu			12:01	3.1	6:12	0.3	6:21	0.2	5:50	7:54	
3	Fri	12:18	3.4	12:38	3.1	6:56	0.2	7:00	0.1	5:49	7:55	
4	Sat	12:50	3.5	1:14	3.2	7:39	0.0	7:39	0.1	5:48	7:56	
5	Sun	1:20	3.6	1:51	3.1	8:21	-0.1	8:18	0.1	5:47	7:57	
6	Mon	1:51	3.7	2:29	3.1	9:02	-0.1	8:56	0.1	5:45	7:58	
7	Tue	2:26	3.7	3:13	3.0	9:44	-0.1	9:35	0.1	5:44	7:59	
8	Wed	3:09	3.7	4:06	3.0	10:27	0.0	10:17	0.2	5:43	8:01	
9	Thu	4:01	3.6	5:06	2.9	11:16	0.1	11:06	0.3	5:42	8:02	
10	Fri	5:02	3.5	6:07	3.0			12:15	0.2	5:41	8:03	
11	Sat	6:08	3.4	7:07	3.0	12:11	0.4	1:21	0.2	5:40	8:04	
12	Sun	7:12	3.4	8:07	3.2	1:30	0.5	2:26	0.1	5:39	8:05	
13	Mon	8:18	3.3	9:10	3.3	2:44	0.4	3:26	0.0	5:37	8:06	
14	Tue	9:26	3.3	10:12	3.6	3:49	0.2	4:21	-0.1	5:36	8:07	
15	Wed	10:31	3.4	11:08	3.8	4:48	0.0	5:12	-0.2	5:35	8:08	
16	Thu	11:28	3.4	11:57	4.0	5:42	-0.1	6:01	-0.3	5:34	8:09	
17	Fri			12:19	3.5	6:35	-0.3	6:50	-0.3	5:34	8:10	
18	Sat	12:43	4.1	1:07	3.4	7:26	-0.3	7:37	-0.2	5:33	8:11	
19	Sun	1:27	4.0	1:55	3.4	8:15	-0.4	8:23	-0.1	5:32	8:12	
20	Mon	2:12	4.0	2:43	3.2	9:01	-0.3	9:07	0.1	5:31	8:13	
21	Tue	2:57	3.8	3:34	3.1	9:45	-0.2	9:50	0.3	5:30	8:14	
22	Wed	3:44	3.6	4:27	3.0	10:29	0.0	10:32	0.5	5:29	8:15	
23	Thu	4:34	3.4	5:21	2.9	11:14	0.2	11:16	0.7	5:28	8:15	
24	Fri	5:26	3.2	6:13	2.8			12:03	0.4	5:28	8:16	
25	Sat	6:16	3.1	7:01	2.8	12:09	0.9	12:56	0.5	5:27	8:17	
26	Sun	7:05	2.9	7:49	2.8	1:12	1.0	1:51	0.6	5:26	8:18	
27	Mon	7:53	2.9	8:37	2.8	2:16	1.0	2:43	0.6	5:26	8:19	
28	Tue	8:45	2.8	9:28	3.0	3:14	0.9	3:31	0.5	5:25	8:20	
29	Wed	9:41	2.8	10:17	3.1	4:06	0.8	4:15	0.4	5:25	8:21	
30	Thu	10:34	2.9	11:00	3.3	4:54	0.6	4:57	0.4	5:24	8:22	
31	Fri	11:21	2.9	11:38	3.5	5:40	0.4	5:39	0.3	5:24	8:22	