

Poughkeepsie, NY - Jun 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:03	3.0	6:26	0.2	6:21	0.2	5:23	8:23	
2	Sun	12:13	3.7	12:44	3.1	7:12	0.1	7:04	0.1	5:23	8:24	
3	Mon	12:48	3.8	1:26	3.1	7:58	-0.1	7:50	0.1	5:22	8:25	
4	Tue	1:26	3.9	2:10	3.1	8:44	-0.2	8:35	0.1	5:22	8:25	
5	Wed	2:10	3.9	3:01	3.1	9:29	-0.2	9:22	0.1	5:21	8:26	
6	Thu	2:59	3.9	3:58	3.1	10:16	-0.2	10:10	0.1	5:21	8:27	
7	Fri	3:56	3.8	4:59	3.2	11:05	-0.1	11:04	0.2	5:21	8:27	
8	Sat	5:00	3.7	5:59	3.2			12:01	-0.1	5:21	8:28	
9	Sun	6:03	3.5	6:57	3.3	12:08	0.4	1:01	0.0	5:20	8:28	
10	Mon	7:03	3.4	7:53	3.4	1:19	0.4	2:02	0.0	5:20	8:29	
11	Tue	8:03	3.3	8:51	3.5	2:29	0.4	3:01	0.0	5:20	8:30	
12	Wed	9:05	3.2	9:50	3.7	3:33	0.3	3:55	-0.1	5:20	8:30	
13	Thu	10:09	3.2	10:46	3.8	4:31	0.2	4:47	-0.1	5:20	8:31	
14	Fri	11:08	3.2	11:36	3.9	5:25	0.0	5:36	-0.1	5:20	8:31	
15	Sat			12:00	3.2	6:17	-0.1	6:25	0.0	5:20	8:31	
16	Sun	12:22	4.0	12:48	3.2	7:07	-0.1	7:13	0.1	5:20	8:32	
17	Mon	1:06	3.9	1:35	3.2	7:55	-0.2	7:59	0.2	5:20	8:32	
18	Tue	1:49	3.9	2:22	3.1	8:41	-0.1	8:43	0.3	5:20	8:32	
19	Wed	2:32	3.7	3:10	3.0	9:23	-0.1	9:25	0.4	5:20	8:33	
20	Thu	3:17	3.6	4:00	2.9	10:04	0.0	10:06	0.5	5:21	8:33	
21	Fri	4:03	3.4	4:51	2.9	10:45	0.2	10:46	0.7	5:21	8:33	
22	Sat	4:52	3.2	5:40	2.9	11:26	0.3	11:31	0.9	5:21	8:33	
23	Sun	5:39	3.1	6:26	2.9			12:10	0.5	5:21	8:34	
24	Mon	6:25	3.0	7:08	2.9	12:24	1.0	12:57	0.5	5:22	8:34	
25	Tue	7:08	2.9	7:50	2.9	1:27	1.0	1:48	0.6	5:22	8:34	
26	Wed	7:52	2.8	8:32	3.0	2:29	1.0	2:37	0.6	5:22	8:34	
27	Thu	8:43	2.7	9:19	3.2	3:26	0.9	3:25	0.5	5:23	8:34	
28	Fri	9:41	2.8	10:08	3.3	4:18	0.7	4:12	0.4	5:23	8:34	
29	Sat	10:38	2.8	10:55	3.6	5:07	0.5	4:58	0.3	5:23	8:34	
30	Sun	11:29	2.9	11:40	3.8	5:56	0.3	5:45	0.2	5:24	8:34	