

Poughkeepsie, NY - Aug 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:55	4.2	1:35	3.5	8:02	-0.3	8:03	-0.2	5:49	8:14	
2	Fri	1:46	4.2	2:28	3.6	8:51	-0.4	8:56	-0.2	5:50	8:13	
3	Sat	2:40	4.2	3:24	3.7	9:38	-0.5	9:48	-0.2	5:51	8:11	
4	Sun	3:36	4.0	4:22	3.8	10:26	-0.4	10:41	-0.1	5:52	8:10	
5	Mon	4:35	3.8	5:20	3.8	11:15	-0.3	11:39	0.1	5:53	8:09	
6	Tue	5:34	3.6	6:16	3.8			12:09	-0.1	5:54	8:08	
7	Wed	6:31	3.4	7:10	3.7	12:42	0.3	1:07	0.1	5:55	8:07	
8	Thu	7:27	3.2	8:04	3.7	1:49	0.4	2:07	0.2	5:56	8:05	
9	Fri	8:26	3.0	9:01	3.6	2:53	0.5	3:06	0.4	5:58	8:04	
10	Sat	9:28	2.9	10:00	3.6	3:53	0.4	4:02	0.4	5:59	8:03	
11	Sun	10:30	2.9	10:55	3.6	4:47	0.4	4:53	0.5	6:00	8:01	
12	Mon	11:25	3.0	11:44	3.7	5:37	0.3	5:42	0.5	6:01	8:00	
13	Tue			12:12	3.1	6:24	0.2	6:29	0.4	6:02	7:59	
14	Wed	12:27	3.7	12:55	3.2	7:08	0.2	7:14	0.4	6:03	7:57	
15	Thu	1:07	3.7	1:35	3.2	7:50	0.1	7:57	0.4	6:04	7:56	
16	Fri	1:46	3.7	2:15	3.2	8:30	0.1	8:38	0.4	6:05	7:54	
17	Sat	2:24	3.6	2:54	3.2	9:06	0.1	9:16	0.5	6:06	7:53	
18	Sun	3:01	3.5	3:33	3.2	9:40	0.2	9:53	0.6	6:07	7:51	
19	Mon	3:38	3.3	4:10	3.2	10:12	0.3	10:28	0.7	6:08	7:50	
20	Tue	4:15	3.2	4:46	3.1	10:41	0.4	11:03	0.8	6:09	7:48	
21	Wed	4:54	3.0	5:21	3.2	11:10	0.5	11:46	0.9	6:10	7:47	
22	Thu	5:36	2.9	5:59	3.2	11:44	0.6			6:11	7:45	
23	Fri	6:23	2.8	6:43	3.3	12:47	1.0	12:32	0.7	6:12	7:44	
24	Sat	7:16	2.8	7:34	3.4	2:03	0.9	1:39	0.7	6:13	7:42	
25	Sun	8:17	2.8	8:36	3.5	3:10	0.8	2:54	0.7	6:14	7:41	
26	Mon	9:28	2.9	9:46	3.6	4:10	0.6	3:59	0.5	6:15	7:39	
27	Tue	10:36	3.1	10:52	3.9	5:04	0.3	4:59	0.3	6:16	7:38	
28	Wed	11:33	3.4	11:48	4.1	5:56	0.1	5:56	0.1	6:17	7:36	
29	Thu			12:25	3.6	6:48	-0.2	6:52	-0.1	6:18	7:34	
30	Fri	12:40	4.2	1:16	3.8	7:38	-0.4	7:48	-0.3	6:19	7:33	
31	Sat	1:31	4.3	2:07	4.0	8:27	-0.5	8:41	-0.3	6:20	7:31	