

Poughkeepsie, NY - Sep 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:23	4.2	3:00	4.1	9:14	-0.5	9:32	-0.3	6:21	7:29	
2	Mon	3:17	4.0	3:55	4.0	10:00	-0.4	10:24	-0.1	6:22	7:28	
3	Tue	4:14	3.8	4:52	4.0	10:48	-0.2	11:18	0.1	6:23	7:26	
4	Wed	5:13	3.6	5:49	3.8	11:39	0.0			6:24	7:24	
5	Thu	6:11	3.3	6:44	3.7	12:18	0.3	12:37	0.3	6:25	7:23	
6	Fri	7:08	3.1	7:38	3.6	1:24	0.5	1:39	0.5	6:26	7:21	
7	Sat	8:06	3.0	8:34	3.5	2:29	0.6	2:41	0.7	6:27	7:19	
8	Sun	9:07	2.9	9:34	3.4	3:30	0.6	3:40	0.7	6:28	7:18	
9	Mon	10:09	2.9	10:31	3.5	4:24	0.5	4:32	0.7	6:29	7:16	
10	Tue	11:04	3.0	11:21	3.5	5:12	0.4	5:21	0.6	6:30	7:14	
11	Wed	11:50	3.2			5:57	0.4	6:06	0.5	6:31	7:12	
12	Thu	12:04	3.6	12:30	3.3	6:39	0.3	6:50	0.5	6:32	7:11	
13	Fri	12:44	3.6	1:08	3.4	7:18	0.2	7:32	0.4	6:33	7:09	
14	Sat	1:20	3.6	1:44	3.4	7:56	0.2	8:13	0.4	6:34	7:07	
15	Sun	1:56	3.6	2:18	3.4	8:32	0.2	8:52	0.4	6:35	7:06	
16	Mon	2:29	3.5	2:49	3.4	9:05	0.2	9:28	0.5	6:36	7:04	
17	Tue	3:02	3.3	3:17	3.4	9:36	0.3	10:02	0.6	6:37	7:02	
18	Wed	3:36	3.2	3:47	3.4	10:04	0.4	10:37	0.7	6:38	7:00	
19	Thu	4:13	3.0	4:23	3.4	10:32	0.5	11:17	0.8	6:39	6:59	
20	Fri	5:00	2.9	5:09	3.4	11:06	0.6			6:41	6:57	
21	Sat	5:55	2.8	6:04	3.4	12:12	0.8	11:53 AM	0.7	6:42	6:55	
22	Sun	6:54	2.8	7:04	3.4	1:30	0.9	1:04	0.8	6:43	6:53	
23	Mon	7:58	2.9	8:11	3.5	2:43	0.8	2:32	0.7	6:44	6:52	
24	Tue	9:08	3.0	9:24	3.6	3:45	0.5	3:43	0.6	6:45	6:50	
25	Wed	10:16	3.3	10:34	3.8	4:41	0.3	4:45	0.3	6:46	6:48	
26	Thu	11:15	3.6	11:32	4.0	5:32	0.0	5:42	0.0	6:47	6:46	
27	Fri			12:07	3.9	6:23	-0.2	6:37	-0.2	6:48	6:45	
28	Sat	12:24	4.1	12:56	4.1	7:12	-0.4	7:31	-0.3	6:49	6:43	
29	Sun	1:13	4.2	1:45	4.2	8:01	-0.5	8:24	-0.4	6:50	6:41	
30	Mon	2:03	4.1	2:35	4.3	8:48	-0.5	9:15	-0.3	6:51	6:40	