

Poughkeepsie, NY - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:26	3.2	4:46	3.6	10:41	0.3	11:25	0.2	7:27	5:50	
2	Sat	5:25	3.0	5:43	3.4	11:31	0.6			7:28	5:49	
3	Sun	5:23	2.9	5:38	3.3	12:22	0.4	11:31 AM	0.8	6:30	4:48	
4	Mon	6:17	2.8	6:31	3.1	12:23	0.5	12:37	0.9	6:31	4:47	
5	Tue	7:11	2.8	7:25	3.0	1:23	0.6	1:41	0.9	6:32	4:46	
6	Wed	8:06	2.8	8:20	3.0	2:17	0.6	2:37	0.8	6:33	4:44	
7	Thu	9:00	2.9	9:14	3.0	3:04	0.5	3:27	0.7	6:35	4:43	
8	Fri	9:48	3.1	10:02	3.1	3:46	0.4	4:13	0.6	6:36	4:42	
9	Sat	10:29	3.3	10:44	3.2	4:26	0.3	4:56	0.4	6:37	4:41	
10	Sun	11:06	3.4	11:22	3.2	5:05	0.2	5:39	0.3	6:38	4:40	
11	Mon	11:38	3.6	11:58	3.2	5:43	0.1	6:21	0.2	6:39	4:39	
12	Tue			12:08	3.6	6:21	0.1	7:03	0.1	6:41	4:38	
13	Wed	12:32	3.1	12:36	3.7	6:59	0.1	7:44	0.1	6:42	4:37	
14	Thu	1:08	3.1	1:07	3.7	7:36	0.1	8:24	0.1	6:43	4:36	
15	Fri	1:46	3.0	1:43	3.6	8:12	0.2	9:05	0.1	6:44	4:35	
16	Sat	2:32	2.9	2:29	3.6	8:51	0.3	9:50	0.2	6:45	4:34	
17	Sun	3:28	2.8	3:25	3.5	9:34	0.3	10:43	0.3	6:47	4:34	
18	Mon	4:32	2.8	4:30	3.4	10:29	0.5	11:47	0.3	6:48	4:33	
19	Tue	5:34	2.9	5:37	3.3	11:45	0.5			6:49	4:32	
20	Wed	6:34	3.0	6:42	3.3	12:54	0.2	1:06	0.5	6:50	4:31	
21	Thu	7:36	3.2	7:48	3.3	1:55	0.1	2:15	0.3	6:51	4:31	
22	Fri	8:38	3.4	8:55	3.3	2:51	-0.1	3:17	0.1	6:53	4:30	
23	Sat	9:37	3.7	9:56	3.4	3:44	-0.2	4:13	-0.1	6:54	4:29	
24	Sun	10:30	3.9	10:50	3.5	4:34	-0.4	5:07	-0.3	6:55	4:29	
25	Mon	11:18	4.0	11:39	3.5	5:23	-0.4	5:59	-0.4	6:56	4:28	
26	Tue			12:04	4.1	6:11	-0.4	6:50	-0.5	6:57	4:28	
27	Wed	12:27	3.4	12:49	4.0	6:59	-0.4	7:39	-0.4	6:58	4:27	
28	Thu	1:17	3.3	1:36	3.9	7:46	-0.2	8:25	-0.4	6:59	4:27	
29	Fri	2:08	3.1	2:24	3.7	8:31	0.0	9:11	-0.2	7:00	4:27	
30	Sat	3:02	3.0	3:16	3.4	9:14	0.2	9:57	0.0	7:02	4:26	