

Poughkeepsie, NY - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:57	2.8	4:09	3.2	10:00	0.4	10:46	0.2	7:03	4:26	
2	Mon	4:52	2.7	5:02	3.1	10:51	0.7	11:40	0.4	7:04	4:26	
3	Tue	5:44	2.7	5:52	2.9	11:52	0.8			7:05	4:25	
4	Wed	6:33	2.7	6:42	2.8	12:36	0.4	12:57	0.9	7:06	4:25	
5	Thu	7:22	2.7	7:33	2.7	1:29	0.5	1:58	0.8	7:07	4:25	
6	Fri	8:14	2.8	8:27	2.7	2:18	0.4	2:51	0.7	7:08	4:25	
7	Sat	9:04	2.9	9:21	2.7	3:03	0.3	3:40	0.5	7:09	4:25	
8	Sun	9:50	3.1	10:09	2.8	3:45	0.2	4:26	0.3	7:09	4:25	
9	Mon	10:30	3.2	10:51	2.8	4:26	0.1	5:10	0.2	7:10	4:25	
10	Tue	11:05	3.4	11:31	2.9	5:07	0.1	5:55	0.0	7:11	4:25	
11	Wed	11:38	3.5			5:48	0.0	6:39	-0.1	7:12	4:25	
12	Thu	12:09	2.9	12:12	3.6	6:31	-0.1	7:24	-0.2	7:13	4:25	
13	Fri	12:48	2.9	12:49	3.7	7:14	-0.1	8:07	-0.3	7:14	4:25	
14	Sat	1:32	2.9	1:32	3.7	7:57	-0.1	8:51	-0.3	7:14	4:25	
15	Sun	2:22	2.9	2:22	3.6	8:42	-0.1	9:36	-0.3	7:15	4:26	
16	Mon	3:19	2.9	3:20	3.5	9:30	0.0	10:27	-0.2	7:16	4:26	
17	Tue	4:20	2.9	4:24	3.3	10:26	0.1	11:24	-0.1	7:16	4:26	
18	Wed	5:20	3.0	5:26	3.2	11:35	0.2			7:17	4:26	
19	Thu	6:17	3.1	6:26	3.1	12:27	-0.1	12:49	0.2	7:18	4:27	
20	Fri	7:16	3.2	7:29	3.0	1:28	-0.1	1:59	0.1	7:18	4:27	
21	Sat	8:16	3.3	8:35	3.0	2:26	-0.2	3:01	0.0	7:19	4:28	
22	Sun	9:17	3.5	9:38	3.0	3:20	-0.3	3:58	-0.2	7:19	4:28	
23	Mon	10:12	3.6	10:35	3.0	4:12	-0.4	4:52	-0.3	7:20	4:29	
24	Tue	11:01	3.7	11:25	3.1	5:02	-0.4	5:43	-0.4	7:20	4:29	
25	Wed	11:47	3.8			5:51	-0.4	6:33	-0.5	7:21	4:30	
26	Thu	12:13	3.1	12:32	3.7	6:39	-0.3	7:20	-0.5	7:21	4:31	
27	Fri	1:00	3.0	1:16	3.6	7:25	-0.2	8:05	-0.4	7:21	4:31	
28	Sat	1:47	2.9	2:01	3.5	8:09	-0.1	8:47	-0.3	7:21	4:32	
29	Sun	2:35	2.8	2:47	3.3	8:50	0.1	9:28	-0.2	7:22	4:33	
30	Mon	3:25	2.7	3:35	3.1	9:31	0.2	10:09	0.0	7:22	4:33	
31	Tue	4:15	2.6	4:23	2.9	10:13	0.4	10:52	0.1	7:22	4:34	