

Poughkeepsie, NY - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:05	2.6	5:11	2.7	11:04	0.6	11:40	0.3	7:22	4:35	
2	Thu	5:51	2.6	5:57	2.6			12:06	0.7	7:22	4:36	
3	Fri	6:35	2.6	6:43	2.5	12:31	0.4	1:11	0.7	7:22	4:37	
4	Sat	7:20	2.6	7:34	2.4	1:23	0.4	2:11	0.7	7:22	4:38	
5	Sun	8:09	2.7	8:32	2.4	2:13	0.3	3:05	0.5	7:22	4:39	
6	Mon	9:01	2.9	9:30	2.4	3:01	0.3	3:55	0.3	7:22	4:40	
7	Tue	9:49	3.0	10:20	2.5	3:47	0.2	4:42	0.1	7:22	4:41	
8	Wed	10:33	3.3	11:06	2.7	4:33	0.0	5:30	-0.1	7:22	4:42	
9	Thu	11:13	3.5	11:48	2.8	5:19	-0.1	6:17	-0.3	7:22	4:43	
10	Fri	11:55	3.6			6:07	-0.2	7:04	-0.5	7:22	4:44	
11	Sat	12:32	2.9	12:38	3.7	6:56	-0.4	7:49	-0.6	7:21	4:45	
12	Sun	1:18	3.0	1:25	3.7	7:44	-0.4	8:34	-0.6	7:21	4:46	
13	Mon	2:08	3.0	2:17	3.6	8:32	-0.4	9:19	-0.6	7:21	4:47	
14	Tue	3:03	3.1	3:13	3.5	9:22	-0.4	10:06	-0.5	7:20	4:48	
15	Wed	4:01	3.1	4:12	3.3	10:16	-0.2	10:58	-0.4	7:20	4:49	
16	Thu	4:59	3.1	5:11	3.1	11:19	-0.1	11:57	-0.3	7:19	4:50	
17	Fri	5:55	3.2	6:08	3.0			12:29	0.0	7:19	4:51	
18	Sat	6:52	3.2	7:08	2.8	12:58	-0.2	1:38	0.1	7:18	4:53	
19	Sun	7:51	3.2	8:14	2.7	1:59	-0.2	2:43	0.0	7:18	4:54	
20	Mon	8:54	3.2	9:21	2.6	2:57	-0.2	3:41	-0.1	7:17	4:55	
21	Tue	9:54	3.3	10:21	2.7	3:52	-0.2	4:36	-0.2	7:17	4:56	
22	Wed	10:46	3.4	11:12	2.8	4:43	-0.2	5:27	-0.3	7:16	4:57	
23	Thu	11:32	3.4	11:59	2.8	5:33	-0.2	6:15	-0.4	7:15	4:59	
24	Fri			12:16	3.4	6:21	-0.2	7:01	-0.4	7:15	5:00	
25	Sat	12:43	2.8	12:58	3.4	7:06	-0.2	7:43	-0.4	7:14	5:01	
26	Sun	1:26	2.8	1:39	3.3	7:48	-0.1	8:22	-0.3	7:13	5:02	
27	Mon	2:09	2.8	2:20	3.2	8:28	0.0	8:58	-0.3	7:12	5:04	
28	Tue	2:52	2.7	3:02	3.0	9:06	0.1	9:33	-0.1	7:11	5:05	
29	Wed	3:35	2.7	3:45	2.8	9:43	0.2	10:07	0.0	7:10	5:06	
30	Thu	4:18	2.6	4:27	2.7	10:21	0.4	10:40	0.2	7:09	5:08	
31	Fri	4:58	2.6	5:09	2.5	11:08	0.5	11:18	0.3	7:08	5:09	