

Poughkeepsie, NY - Mar 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:31	2.8	5:07	2.4	11:11	0.5	11:00	0.4	6:29	5:46	
2	Mon	5:13	2.8	5:55	2.3			12:25	0.6	6:27	5:47	
3	Tue	6:02	2.8	6:53	2.3			1:42	0.6	6:26	5:48	
4	Wed	7:02	2.8	8:03	2.4	1:22	0.5	2:47	0.4	6:24	5:50	
5	Thu	8:16	3.0	9:15	2.5	2:37	0.4	3:43	0.2	6:22	5:51	
6	Fri	9:30	3.2	10:14	2.8	3:39	0.2	4:35	-0.1	6:21	5:52	
7	Sat	10:29	3.5	11:05	3.1	4:36	-0.1	5:25	-0.3	6:19	5:53	
8	Sun			12:21	3.7	6:30	-0.4	7:14	-0.6	7:17	6:54	
9	Mon	12:52	3.4	1:09	3.8	7:24	-0.6	8:01	-0.8	7:16	6:55	
10	Tue	1:40	3.6	1:58	3.8	8:16	-0.8	8:47	-0.8	7:14	6:57	
11	Wed	2:28	3.8	2:49	3.7	9:06	-0.8	9:32	-0.8	7:12	6:58	
12	Thu	3:19	3.8	3:42	3.6	9:56	-0.7	10:18	-0.7	7:11	6:59	
13	Fri	4:13	3.7	4:38	3.3	10:47	-0.5	11:06	-0.4	7:09	7:00	
14	Sat	5:10	3.6	5:37	3.1	11:43	-0.3			7:07	7:01	
15	Sun	6:07	3.4	6:36	2.9	12:00	-0.1	12:46	0.0	7:06	7:02	
16	Mon	7:03	3.2	7:36	2.7	1:03	0.2	1:54	0.2	7:04	7:03	
17	Tue	8:02	3.1	8:39	2.6	2:10	0.3	3:00	0.2	7:02	7:04	
18	Wed	9:06	3.0	9:45	2.6	3:16	0.4	4:00	0.2	7:01	7:06	
19	Thu	10:11	3.0	10:46	2.7	4:15	0.4	4:53	0.2	6:59	7:07	
20	Fri	11:07	3.0	11:36	2.8	5:07	0.3	5:41	0.1	6:57	7:08	
21	Sat	11:54	3.1			5:55	0.2	6:24	0.0	6:55	7:09	
22	Sun	12:19	3.0	12:35	3.2	6:40	0.1	7:05	-0.1	6:54	7:10	
23	Mon	12:57	3.1	1:13	3.2	7:23	0.0	7:43	-0.1	6:52	7:11	
24	Tue	1:32	3.2	1:49	3.2	8:04	0.0	8:19	-0.1	6:50	7:12	
25	Wed	2:06	3.2	2:25	3.1	8:42	0.0	8:52	-0.1	6:49	7:13	
26	Thu	2:38	3.2	3:00	3.0	9:18	0.0	9:23	0.0	6:47	7:14	
27	Fri	3:07	3.2	3:34	2.9	9:53	0.1	9:51	0.1	6:45	7:16	
28	Sat	3:33	3.1	4:09	2.7	10:25	0.2	10:17	0.3	6:44	7:17	
29	Sun	4:02	3.1	4:49	2.6	10:59	0.3	10:46	0.4	6:42	7:18	
30	Mon	4:40	3.0	5:36	2.5	11:40	0.5	11:24	0.5	6:40	7:19	
31	Tue	5:29	3.0	6:30	2.5			12:45	0.6	6:38	7:20	