

Poughkeepsie, NY - Jul 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:56	3.1	10:34	3.9	4:26	0.2	4:36	0.0	5:25	8:34	
2	Thu	11:00	3.2	11:29	4.0	5:22	0.0	5:29	0.0	5:25	8:33	
3	Fri	11:57	3.2			6:16	-0.1	6:21	0.0	5:26	8:33	
4	Sat	12:19	4.1	12:49	3.2	7:09	-0.2	7:14	0.0	5:27	8:33	
5	Sun	1:07	4.0	1:40	3.2	8:00	-0.2	8:04	0.1	5:27	8:33	
6	Mon	1:54	4.0	2:31	3.2	8:47	-0.2	8:52	0.2	5:28	8:32	
7	Tue	2:42	3.8	3:22	3.2	9:32	-0.2	9:38	0.3	5:28	8:32	
8	Wed	3:31	3.7	4:14	3.1	10:15	0.0	10:22	0.5	5:29	8:32	
9	Thu	4:21	3.5	5:05	3.1	10:57	0.1	11:07	0.7	5:30	8:31	
10	Fri	5:11	3.3	5:53	3.0	11:39	0.3	11:57	0.8	5:31	8:31	
11	Sat	5:59	3.1	6:38	3.0			12:24	0.4	5:31	8:30	
12	Sun	6:44	3.0	7:21	3.1	12:54	0.9	1:12	0.6	5:32	8:30	
13	Mon	7:29	2.8	8:04	3.1	1:55	1.0	2:01	0.6	5:33	8:29	
14	Tue	8:17	2.7	8:49	3.1	2:54	0.9	2:50	0.7	5:34	8:29	
15	Wed	9:11	2.6	9:39	3.2	3:48	0.8	3:38	0.7	5:35	8:28	
16	Thu	10:10	2.7	10:29	3.3	4:38	0.7	4:24	0.6	5:35	8:27	
17	Fri	11:04	2.7	11:14	3.5	5:25	0.5	5:11	0.5	5:36	8:27	
18	Sat	11:51	2.8	11:55	3.7	6:12	0.4	5:57	0.4	5:37	8:26	
19	Sun			12:34	3.0	6:59	0.2	6:45	0.3	5:38	8:25	
20	Mon	12:35	3.8	1:17	3.1	7:45	0.0	7:34	0.2	5:39	8:25	
21	Tue	1:16	3.9	2:01	3.2	8:30	-0.1	8:23	0.1	5:40	8:24	
22	Wed	2:00	3.9	2:48	3.3	9:13	-0.2	9:11	0.1	5:41	8:23	
23	Thu	2:48	3.9	3:39	3.4	9:56	-0.2	9:59	0.1	5:42	8:22	
24	Fri	3:41	3.8	4:34	3.5	10:40	-0.2	10:50	0.2	5:42	8:21	
25	Sat	4:38	3.7	5:30	3.5	11:27	-0.1	11:48	0.3	5:43	8:20	
26	Sun	5:37	3.5	6:25	3.6			12:20	0.0	5:44	8:19	
27	Mon	6:35	3.4	7:19	3.7	12:54	0.4	1:19	0.1	5:45	8:18	
28	Tue	7:32	3.2	8:15	3.7	2:04	0.4	2:21	0.2	5:46	8:17	
29	Wed	8:34	3.1	9:15	3.7	3:09	0.4	3:21	0.2	5:47	8:16	
30	Thu	9:42	3.0	10:18	3.8	4:10	0.3	4:18	0.2	5:48	8:15	
31	Fri	10:48	3.1	11:15	3.8	5:07	0.2	5:13	0.2	5:49	8:14	