

Poughkeepsie, NY - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:03	3.9	11:32	3.0	5:06	-0.4	5:58	-0.6	7:22	4:36	
2	Sun	11:56	4.0			6:02	-0.5	6:52	-0.7	7:22	4:36	
3	Mon	12:26	3.1	12:48	4.0	6:57	-0.5	7:44	-0.8	7:22	4:37	
4	Tue	1:22	3.1	1:42	3.9	7:50	-0.5	8:33	-0.8	7:22	4:38	
5	Wed	2:19	3.1	2:38	3.7	8:41	-0.4	9:21	-0.7	7:22	4:39	
6	Thu	3:17	3.1	3:34	3.5	9:32	-0.2	10:10	-0.5	7:22	4:40	
7	Fri	4:14	3.0	4:29	3.2	10:26	0.0	11:01	-0.3	7:22	4:41	
8	Sat	5:08	2.9	5:22	3.0	11:25	0.2	11:54	-0.1	7:22	4:42	
9	Sun	5:59	2.9	6:13	2.8			12:28	0.4	7:22	4:43	
10	Mon	6:48	2.9	7:04	2.6	12:49	0.1	1:32	0.4	7:21	4:44	
11	Tue	7:38	2.8	7:59	2.4	1:42	0.2	2:30	0.4	7:21	4:45	
12	Wed	8:32	2.8	8:57	2.4	2:32	0.3	3:24	0.3	7:21	4:46	
13	Thu	9:25	2.9	9:53	2.4	3:19	0.3	4:13	0.2	7:20	4:48	
14	Fri	10:14	3.0	10:42	2.5	4:04	0.2	4:59	0.1	7:20	4:49	
15	Sat	10:57	3.1	11:26	2.5	4:48	0.2	5:43	0.0	7:20	4:50	
16	Sun	11:36	3.2			5:32	0.1	6:26	-0.1	7:19	4:51	
17	Mon	12:06	2.6	12:12	3.2	6:15	0.1	7:07	-0.2	7:19	4:52	
18	Tue	12:45	2.6	12:46	3.2	6:57	0.0	7:46	-0.2	7:18	4:53	
19	Wed	1:23	2.6	1:18	3.2	7:36	0.0	8:22	-0.2	7:18	4:54	
20	Thu	2:00	2.6	1:50	3.2	8:13	0.0	8:57	-0.2	7:17	4:56	
21	Fri	2:37	2.7	2:26	3.1	8:49	0.0	9:30	-0.2	7:16	4:57	
22	Sat	3:16	2.7	3:07	3.0	9:27	0.1	10:03	-0.1	7:16	4:58	
23	Sun	3:59	2.8	3:56	2.9	10:10	0.1	10:42	0.0	7:15	4:59	
24	Mon	4:47	2.9	4:49	2.8	11:07	0.2	11:31	0.0	7:14	5:01	
25	Tue	5:37	3.0	5:47	2.7			12:22	0.3	7:13	5:02	
26	Wed	6:33	3.1	6:49	2.6	12:36	0.1	1:40	0.2	7:13	5:03	
27	Thu	7:36	3.2	8:03	2.5	1:47	0.0	2:49	0.1	7:12	5:04	
28	Fri	8:47	3.3	9:20	2.6	2:53	-0.1	3:51	-0.1	7:11	5:06	
29	Sat	9:55	3.5	10:27	2.8	3:55	-0.2	4:48	-0.3	7:10	5:07	
30	Sun	10:54	3.6	11:24	3.0	4:54	-0.3	5:43	-0.5	7:09	5:08	
31	Mon	11:47	3.8			5:50	-0.5	6:36	-0.7	7:08	5:09	