

Poughkeepsie, NY - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:35	3.6			5:39	-0.4	6:16	-0.6	6:29	5:46	
2	Wed	12:03	3.3	12:23	3.7	6:31	-0.5	7:03	-0.7	6:28	5:47	
3	Thu	12:49	3.4	1:08	3.6	7:20	-0.5	7:46	-0.7	6:26	5:48	
4	Fri	1:34	3.4	1:53	3.5	8:06	-0.5	8:27	-0.6	6:25	5:49	
5	Sat	2:18	3.4	2:38	3.3	8:49	-0.3	9:05	-0.4	6:23	5:50	
6	Sun	3:02	3.3	3:25	3.1	9:31	-0.1	9:41	-0.1	6:21	5:51	
7	Mon	3:46	3.1	4:13	2.8	10:15	0.1	10:18	0.2	6:20	5:53	
8	Tue	4:30	3.0	5:02	2.6	11:04	0.3	10:57	0.4	6:18	5:54	
9	Wed	5:15	2.9	5:51	2.4			12:03	0.5	6:17	5:55	
10	Thu	6:02	2.7	6:43	2.3			1:08	0.6	6:15	5:56	
11	Fri	6:53	2.6	7:42	2.2	12:54	0.7	2:11	0.6	6:13	5:57	
12	Sat	7:55	2.6	8:47	2.3	2:02	0.8	3:07	0.5	6:12	5:58	
13	Sun	10:02	2.7	10:45	2.4	4:01	0.7	4:56	0.4	7:10	6:59	
14	Mon	10:58	2.8	11:33	2.6	4:53	0.5	5:41	0.2	7:08	7:01	
15	Tue	11:43	3.0			5:40	0.3	6:23	0.1	7:06	7:02	
16	Wed	12:13	2.9	12:21	3.2	6:26	0.1	7:04	-0.1	7:05	7:03	
17	Thu	12:49	3.1	12:57	3.3	7:11	-0.1	7:43	-0.2	7:03	7:04	
18	Fri	1:23	3.2	1:32	3.4	7:54	-0.2	8:21	-0.3	7:01	7:05	
19	Sat	1:57	3.4	2:08	3.4	8:37	-0.3	8:57	-0.3	7:00	7:06	
20	Sun	2:33	3.5	2:49	3.3	9:20	-0.4	9:34	-0.3	6:58	7:07	
21	Mon	3:14	3.6	3:34	3.1	10:03	-0.3	10:11	-0.2	6:56	7:08	
22	Tue	4:01	3.5	4:27	3.0	10:50	-0.2	10:53	-0.1	6:55	7:10	
23	Wed	4:55	3.5	5:28	2.8	11:45	0.0	11:45	0.1	6:53	7:11	
24	Thu	5:56	3.4	6:33	2.7			12:54	0.2	6:51	7:12	
25	Fri	7:00	3.3	7:40	2.7	12:59	0.3	2:09	0.2	6:49	7:13	
26	Sat	8:08	3.2	8:52	2.7	2:20	0.4	3:18	0.2	6:48	7:14	
27	Sun	9:22	3.2	10:05	2.8	3:33	0.3	4:19	0.0	6:46	7:15	
28	Mon	10:32	3.3	11:07	3.1	4:36	0.1	5:13	-0.1	6:44	7:16	
29	Tue	11:29	3.4	11:58	3.3	5:32	0.0	6:03	-0.3	6:43	7:17	
30	Wed			12:18	3.5	6:25	-0.2	6:50	-0.4	6:41	7:18	
31	Thu	12:43	3.5	1:02	3.5	7:14	-0.3	7:34	-0.4	6:39	7:19	