

Poughkeepsie, NY - Aug 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:12	3.4	4:09	3.1	10:15	0.2	10:16	0.6	5:50	8:13	
2	Tue	3:49	3.3	4:47	3.2	10:47	0.3	10:55	0.6	5:51	8:12	
3	Wed	4:32	3.2	5:29	3.3	11:19	0.3	11:44	0.7	5:52	8:11	
4	Thu	5:23	3.1	6:13	3.4	11:58	0.4			5:53	8:10	
5	Fri	6:17	3.0	7:03	3.5	12:49	0.7	12:52	0.5	5:54	8:09	
6	Sat	7:15	2.9	7:58	3.6	2:05	0.7	2:00	0.5	5:55	8:07	
7	Sun	8:20	2.9	9:03	3.7	3:15	0.6	3:11	0.4	5:56	8:06	
8	Mon	9:36	2.9	10:14	3.9	4:19	0.4	4:17	0.3	5:57	8:05	
9	Tue	10:50	3.1	11:18	4.0	5:17	0.2	5:18	0.2	5:58	8:04	
10	Wed	11:51	3.3			6:13	0.0	6:17	0.0	5:59	8:02	
11	Thu	12:14	4.2	12:47	3.5	7:07	-0.2	7:15	-0.1	6:00	8:01	
12	Fri	1:07	4.2	1:40	3.6	7:58	-0.4	8:10	-0.1	6:01	8:00	
13	Sat	1:58	4.2	2:32	3.7	8:47	-0.4	9:02	-0.1	6:02	7:58	
14	Sun	2:50	4.1	3:26	3.7	9:33	-0.4	9:51	0.0	6:03	7:57	
15	Mon	3:42	3.9	4:19	3.7	10:17	-0.3	10:41	0.2	6:04	7:55	
16	Tue	4:35	3.6	5:11	3.6	11:01	0.0	11:33	0.4	6:05	7:54	
17	Wed	5:28	3.4	6:01	3.5	11:47	0.2			6:06	7:53	
18	Thu	6:20	3.1	6:49	3.4	12:30	0.6	12:37	0.5	6:07	7:51	
19	Fri	7:11	2.9	7:37	3.3	1:33	0.8	1:31	0.7	6:08	7:50	
20	Sat	8:03	2.8	8:27	3.2	2:35	0.8	2:28	0.8	6:09	7:48	
21	Sun	9:01	2.7	9:24	3.2	3:33	0.8	3:23	0.9	6:10	7:47	
22	Mon	10:02	2.7	10:22	3.3	4:26	0.7	4:15	0.9	6:11	7:45	
23	Tue	10:58	2.8	11:13	3.4	5:13	0.6	5:03	0.8	6:12	7:43	
24	Wed	11:46	2.9	11:56	3.5	5:58	0.5	5:49	0.7	6:13	7:42	
25	Thu			12:28	3.1	6:40	0.4	6:34	0.6	6:14	7:40	
26	Fri	12:34	3.6	1:06	3.2	7:21	0.3	7:18	0.5	6:15	7:39	
27	Sat	1:08	3.6	1:42	3.3	8:00	0.2	8:00	0.4	6:16	7:37	
28	Sun	1:40	3.6	2:16	3.3	8:36	0.1	8:40	0.4	6:17	7:36	
29	Mon	2:12	3.6	2:49	3.4	9:10	0.1	9:18	0.4	6:18	7:34	
30	Tue	2:45	3.5	3:24	3.4	9:42	0.2	9:57	0.4	6:19	7:32	
31	Wed	3:22	3.4	4:03	3.5	10:13	0.2	10:38	0.5	6:20	7:31	