































Poughkeepsie, NY - Oct 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:50	3.1	5:22	3.7	11:09	0.5			6:52	6:37	
2	Sun	5:58	2.9	6:28	3.6	12:20	0.5	12:13	0.6	6:53	6:36	
3	Mon	7:06	2.9	7:34	3.6	1:35	0.6	1:38	0.7	6:54	6:34	
4	Tue	8:15	3.0	8:44	3.6	2:46	0.5	2:56	0.6	6:56	6:32	
5	Wed	9:27	3.1	9:54	3.6	3:48	0.3	4:02	0.5	6:57	6:31	
6	Thu	10:33	3.3	10:55	3.8	4:43	0.1	5:01	0.3	6:58	6:29	
7	Fri	11:28	3.6	11:47	3.8	5:34	0.0	5:55	0.1	6:59	6:27	
8	Sat			12:16	3.8	6:22	-0.2	6:46	0.0	7:00	6:26	
9	Sun	12:34	3.9	1:00	3.9	7:07	-0.2	7:36	-0.1	7:01	6:24	
10	Mon	1:18	3.8	1:41	4.0	7:51	-0.2	8:23	-0.1	7:02	6:22	
11	Tue	2:01	3.7	2:22	3.9	8:33	-0.1	9:07	0.0	7:03	6:21	
12	Wed	2:46	3.5	3:03	3.8	9:12	0.1	9:50	0.2	7:04	6:19	
13	Thu	3:33	3.3	3:46	3.6	9:49	0.3	10:33	0.4	7:05	6:17	
14	Fri	4:23	3.0	4:32	3.4	10:25	0.6	11:19	0.6	7:06	6:16	
15	Sat	5:17	2.8	5:23	3.3	11:02	0.8			7:08	6:14	
16	Sun	6:12	2.7	6:15	3.1	12:12	0.8	11:46 AM	1.0	7:09	6:13	
17	Mon	7:06	2.6	7:08	3.0	1:15	0.9	12:53	1.2	7:10	6:11	
18	Tue	7:59	2.6	8:02	3.0	2:18	0.9	2:08	1.2	7:11	6:10	
19	Wed	8:55	2.7	8:59	3.0	3:14	0.8	3:11	1.1	7:12	6:08	
20	Thu	9:51	2.8	9:56	3.1	4:02	0.7	4:05	0.9	7:13	6:07	
21	Fri	10:40	3.0	10:45	3.2	4:45	0.5	4:53	0.7	7:14	6:05	
22	Sat	11:21	3.3	11:27	3.3	5:25	0.4	5:39	0.5	7:16	6:04	
23	Sun	11:57	3.5			6:04	0.2	6:23	0.3	7:17	6:02	
24	Mon	12:05	3.4	12:31	3.7	6:42	0.1	7:08	0.1	7:18	6:01	
25	Tue	12:41	3.5	1:04	3.9	7:22	0.0	7:54	0.0	7:19	5:59	
26	Wed	1:19	3.5	1:41	4.0	8:02	0.0	8:40	-0.1	7:20	5:58	
27	Thu	2:00	3.4	2:22	4.0	8:42	0.0	9:26	-0.1	7:22	5:57	
28	Fri	2:46	3.3	3:09	4.0	9:24	0.1	10:14	0.0	7:23	5:55	
29	Sat	3:42	3.1	4:06	3.8	10:10	0.2	11:07	0.1	7:24	5:54	
30	Sun	4:48	3.0	5:13	3.7	11:03	0.4			7:25	5:53	
31	Mon	5:59	2.9	6:21	3.6	12:10	0.3	12:12	0.5	7:26	5:51	