































## Poughkeepsie, NY - Nov 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:05	3.0	7:26	3.5	1:20	0.3	1:32	0.6	7:28	5:50	
2	Wed	8:10	3.0	8:31	3.4	2:27	0.3	2:46	0.5	7:29	5:49	
3	Thu	9:15	3.2	9:36	3.4	3:27	0.2	3:51	0.4	7:30	5:48	
4	Fri	10:16	3.4	10:35	3.4	4:21	0.0	4:48	0.2	7:31	5:46	
5	Sat	11:10	3.6	11:27	3.5	5:09	-0.1	5:40	0.1	7:32	5:45	
6	Sun	10:55	3.8	11:13	3.5	4:55	-0.2	5:29	0.0	6:34	4:44	
7	Mon	11:36	3.8	11:56	3.4	5:39	-0.1	6:16	-0.1	6:35	4:43	
8	Tue			12:15	3.9	6:21	-0.1	7:02	-0.1	6:36	4:42	
9	Wed	12:38	3.3	12:52	3.8	7:02	0.0	7:45	0.0	6:37	4:41	
10	Thu	1:21	3.2	1:30	3.7	7:41	0.2	8:27	0.1	6:39	4:40	
11	Fri	2:06	3.0	2:09	3.5	8:18	0.3	9:08	0.2	6:40	4:39	
12	Sat	2:54	2.8	2:51	3.3	8:53	0.5	9:49	0.4	6:41	4:38	
13	Sun	3:47	2.7	3:39	3.1	9:28	0.7	10:35	0.6	6:42	4:37	
14	Mon	4:42	2.6	4:32	3.0	10:07	0.9	11:29	0.7	6:43	4:36	
15	Tue	5:34	2.5	5:23	2.9	10:59	1.0			6:45	4:35	
16	Wed	6:23	2.6	6:12	2.8	12:28	0.7	12:16	1.1	6:46	4:34	
17	Thu	7:12	2.6	7:02	2.8	1:25	0.7	1:28	1.0	6:47	4:33	
18	Fri	8:02	2.8	7:57	2.8	2:15	0.6	2:27	0.8	6:48	4:33	
19	Sat	8:52	3.0	8:53	2.9	3:00	0.4	3:19	0.6	6:49	4:32	
20	Sun	9:37	3.2	9:45	3.0	3:42	0.3	4:08	0.4	6:51	4:31	
21	Mon	10:18	3.5	10:31	3.1	4:22	0.1	4:56	0.1	6:52	4:31	
22	Tue	10:57	3.7	11:14	3.2	5:04	0.0	5:44	-0.1	6:53	4:30	
23	Wed	11:36	4.0	11:58	3.2	5:48	-0.1	6:34	-0.3	6:54	4:29	
24	Thu			12:19	4.1	6:34	-0.2	7:23	-0.4	6:55	4:29	
25	Fri	12:45	3.2	1:06	4.1	7:22	-0.2	8:13	-0.4	6:56	4:28	
26	Sat	1:37	3.1	1:59	4.0	8:11	-0.2	9:03	-0.3	6:57	4:28	
27	Sun	2:37	3.0	2:59	3.8	9:02	-0.1	9:56	-0.2	6:59	4:27	
28	Mon	3:45	3.0	4:06	3.6	9:58	0.1	10:54	-0.1	7:00	4:27	
29	Tue	4:52	3.0	5:11	3.5	11:04	0.3	11:58	0.0	7:01	4:26	
30	Wed	5:54	3.0	6:11	3.3			12:18	0.4	7:02	4:26	